

Parish Events:



Alzheimer's Coffee Break: in support of Alzheimers Society - Wednesday, September 18th, 2019 at 8:30 am immediately following 8am Mass at St. Joseph Church in the parish centre. This is the Alzheimer Society's major nationwide annual fundraiser. The money raised stays in our community to support local Alzheimer programs and services. ***Make your coffee count!!!***

TRIVIA NIGHT #2: Sunday, September 29th from 6:30-8:30 in parish centre. \$10 per person at the door. Minimum age 16. Fun-Raiser for new hymn books. A fun evening with food and prizes. Teams of 4 or come alone and you will be added to a team. Last time was **SO MUCH FUN!**

Thank you for continuing to bring food items to Mass for Gleaner's Food Bank. Please keep making food donations to Gleaners each week because many families are counting on our parish to help feed them. Remember Jesus' words from Matthew's Gospel: *"I was hungry and you fed me."*



Everyone is invited to pray the **Chaplet of the Precious Blood of Jesus Christ**. Every Wednesday at 8am at 10 Sumac Terrace during the summer. For more information contact Cheryl, (613)962-4916.

Events in and around the Diocese:

St. Charles Borromeo, Read - Annual Cemetery Mass will be held on **Saturday, August 24th, 2019 *** **REVISED TIME IS 10:30am** with a light lunch following in the parish hall (across from Cemetery at 473 Enright Rd., Read). Everyone Welcome! For more information, please contact the Parish Office at 613-396-2846.



LEGION OF MARY - If you are interested in starting a Legion of Mary at your church, or you know someone who would like to join us, please contact Cheryl Power, Legion of Mary Curia President at yourhomecaregiver@gmail.com or 613-929-0777.

"JOHN" COURSE ~ presented by SASE (St. Andrew School of Evangelization). This course presents our roles as disciples in the plan of salvation that God entrusted to Jesus. **Thurs., Aug. 22nd - Sun., August 25th, St. Michael's Parish Centre. Cost: \$40.** Open to anyone who has taken New Life. Register at SASE.ca or by calling Dianne: 613-922-5523.

Holy Rosary Secular Franciscans will meet **Monday, September 9th** following 7:00 Mass at Holy Rosary Church. Everyone welcome!!

DUC IN ALTUM - For Catholic young adults in the 20s & 30s! A journey that leads you to discern fully and freely God's amazing dream for you! - 2019 - 2020. **Information Night: Tuesday, Sep 17th at 7pm**, Diocesan Centre, 390 Palace Rd, Kingston. Session dates - Oct 18 - 20, Nov 23, Jan 11, Feb 8, Mar 7, Apr 4, May 2, Nov 23, Jan 11, Feb 8, Mar 7, Apr 4, May 2, May 29-31. Contact Nadia at the Archdiocese of Kingston Youth Office, youth@romancatholic.kingston.on.ca or call (613)484-2446 www.kingstonvocations.com/duc-in-altum

September Bible Study – **The Four Gospels, Thursday mornings 9-10:30am, September 5th to 26th** - Our Fall Bible Studies will begin with a look at the four Gospels – Matthew, Mark, Luke and John. We will look at the writings of each Gospel, exploring the similarities and uniqueness of each Gospel, Gospel writer and his target audience as we journey through the First Century with Christ. Join us **Thursday mornings from 9am until 10:30am, starting September 5, 2019, upstairs in the St. Michael's Parish Centre, Belleville.** No registration required. **The cost is FREE. Everyone is welcome and you can join anytime. Just bring your Bible and come join us!** For more information contact Alexandra at 613-966-8430.

October Bible Study – **Perseverance in Faith, Thursday mornings 9-10:30am, October 3rd to 31st** - Come experience Catholic fellowship as we look at some of the average everyday people of the Bible and how they wrestled with their own faith and persevered by the Grace of God. Each week we will look at one person from the Bible, their struggle to persevere in faith and how God carried them through their difficult times. We will explore their struggles as we strengthen each other to better live our own faith in a broken world. Join us **Thursday mornings from 9am until 10:30am, starting October 3, 2019, upstairs in the St. Michael's Parish Centre, Belleville.** No registration required. **The cost is FREE. Everyone is welcome and you can join anytime. Just bring your Bible and come join us!** For more information contact Alexandra at 613-966-8430.



FAITH on FIRE Prayer Group – You are warmly welcomed to join **weekly** evenings of Praise and Worship, Prayer, and Fellowship at **St. Paul the Apostle (Room D – street side entrance)** on **Wednesdays from 7- 9pm** beginning **Wed. Sep 18**. Step into the "current of grace" and discover what it means to be fully alive and how to use your charisms to build up the Church! For more information contact us at faithonfirekingston@gmail.com

Salesian Spirituality - Live Today Well! - A Retreat with St. Francis de Sales and St. Jane de Chantal - at the Catholic Pastoral Centre, 390 Palace Road, Kingston, **Wednesday evenings - Sep 18, Sep 28, Oct 2 and Oct 9**, from 6:30 to 8pm. Robert Mundle, MDiv, ThM, STM, RP, CSCP, Consecrated member of the Society of the Sons of St. Francis de Sales. \$10 per participant, all learning materials provided. Register on-line at www.romancatholic.kingston.on.ca under Diocesan Events.

Pilgrimage to mark the 400th Anniversary of the Birth of Saint Marguerite Bourgeoys: September 24-25 Shrine of Saint Marguerite Bourgeoys, Historic Farm established by Marguerite Bourgeoys and to the Shrine of Saint Kateri Tekakwitha. **Chaplain: Father John Hibbard.** Foley Bus Lines; Accommodation: Holiday Inn. For more information and to register, contact Sheila Alexander at sia412@gmail.com or at 613-962-1623.

**Archdiocesan Day of Reflection/ Retreat for all Parish Music Ministers
Praying the Psalms we Proclaim**

Saturday, October 5, 2019

9:30 a.m. - 2:30 p.m.

Saint Paul the Apostle Church, Kingston

1111 Taylor Kidd Blvd, Kingston, ON

Facilitator: Deacon Bill Gervais

This mini retreat for parish musicians will invite participants to reconnect with the psalms they sing each Sunday.

Through a series of talks, guided prayer, silent reflection and small group discussions participants will discover the power of the psalms they proclaim, their meaning and how to pray with them.

Registration is required. Refreshments and Lunch will be provided. Free will offering.

**All Choir Members, Music Directors, Instrumentalists, Psalmists
and prospective members are invited.**

TO REGISTER: Contact Goretta Da Silva 613-548 -4461, or ore@romancatholic.kingston.on.ca

Or online : <https://www.romancatholic.kingston.on.ca/retreat-day-for-parish-musicians>

Introduction to Prison Ministry - Francis J. Spence Pastoral Centre, 390 Palace Road, Kingston. Wednesday evenings from 6:30 to 8:30pm, **October 16th to November 20th, 2019.** More information contact: Mary-Jo or Goretta, (613)548-4461 or ore@romancatholic.kingston.on.ca Registration deadline Tue, Oct 1st.

Separated/Divorced/Bereaved? Consider participating in the annual retreat for those experiencing LOSS through separation/ divorce or death of a loved one. The 'Grief Journey Retreat: A Safe Caring and Nurturing Time' is designed to provide insight, hope and support as you journey to transform your grief. Facilitator is Anna Racine, from Mount Carmel Spiritual Centre, Niagara Falls. Time and Place is **Friday evening/Saturday, October 25 – 26, 2019** at Providence Spirituality Centre, 1200 Princess St. Kingston. For further info and/or to register contact Sr. Lucy Kearney, Family Ministry Office, 613 548 – 4461 ext.113 or e-mail: family@romancatholic.kingston.on.ca

Prayer for World Peace: Sundays from 1-8pm at **St. Michael's Parish Hall**, the Rosary is recited continuously in different languages dedicated to world peace. For more info, call Matthew at 613-967-1732 or Joseph at 613-771-9636.



Statue of Mary: Mary would like to visit your home for a week through a special statue. Call Suja at 613-962-0225.

Perpetual Eucharistic Adoration Chapel: For 20 years, faithful Catholics have been adoring Christ in the Blessed Sacrament in the Adoration Chapel in **St. Michael's Parish Centre.** The Chapel remains open 24 hours a day every day of the week. We are in need of adorers in the nighttime hours. Please contact: Fr. Richard Whalen 613-962-4634; Agnes Sheridan 613-962-3280; or Rosemary Buxton 613-813-3609.

Community Events:

Gleaners Food Bank presents the Annual Mega Dollar Sale - perfect for the new home owner, student and those that are wanting a shopping experience like no other. There will be brand new: clothing, linens, shoes, household items and so much more! This event is happening on **August 24 and 25th** from 9:00am to 4:00pm at 25 Wallbridge Crescent, Belleville. For further information please contact us at events@gleanersfoodbank.ca or call us at 613-962-9043.

Women of any age are invited to join us at our **10th annual Catholic Women's Fall Retreat at Glen House Resort**, on the scenic shores of the St. Lawrence River near Gananoque, Ontario. The retreat begins on **Friday, September 20th, 2019** and concludes after lunchtime on **Sunday, September 22nd, 2019.** The weekend includes inspiring messages around our theme "Taste and See the Goodness of the Lord!" (Psalm 34:8) by our guest speaker Dr. Anne Jamieson. There is also an optional breakout session, musical entertainment by The Gallaghers, delicious meals, accommodations and access to all the resort activities. For more information and to register go to www.womensfallretreat.com, or contact Anne Caza our retreat Registrar at (613) 989-5348. Be sure to check us out on Facebook and Instagram!



St. Mark's United Church, Cannifton "**Kingston 1000 Island Lunch Cruise**", **Saturday, October 5th, 2019**. Tickets \$80 Adult and \$75 Children under 16. Call 613-968-4222 or 613-966-5267 to book your tickets. Payment due upon ordering. Last day to order tickets is Thursday, September 19th. Bus will be leaving from St. Mark's United Church parking lot at 10:30 a.m. sharp.

Tour of the Wonders of Egypt and The Nile River: October 10-19, 2019 - Have you ever wanted to see the ancient wonders of Egypt? To marvel at the magnificent structures in the Giza Pyramids and Great Sphinx in Cairo, to admire the sophisticated giant statues and pillars in the Temples of Luxor and Karnak, and embark on a luxurious five day Nile River Cruise and felucca for fascinating natural sceneries and also spectacular ancient monuments along the river? If so, consider joining Fr. Brian Price (an amateur Egyptologist) & Fr. Justin Pulikunnel for this adventure! Though not a religious pilgrimage per se, there will be Holy Mass every day. Staying at the five-star Cairo Marriott Hotel and the luxurious *Sonesta St. George I* cruise (only 47 cabins). Contact Fr. Justin justin.pulikunnel@gmail.com for an itinerary.



Parish Contacts

Parish Secretary	Kathleen Henry	968-9950
Parish Council	Marilyn Guay	marilynguay50@gmail.com
Junior Liturgy	Anne Marie Barrett	barretts@cogeco.ca
CWL	Bert Miller	962-7645
Grand Knight 16308	Wayne Brown	(613)242-8347
Deputy Grand Knight 16308	Curtis Hayes	st.kocjosephskoc@gmail.com
Squires	Peter Matwyuk	885-7648
Franciscans	Deacon Bill Garland	966-4015
Senior Choir	Debbie Shaw	962-7430
Ascension Singers	Elizabeth Wallace	968-9950



Invitation to Serve

Card Parties - Once a month on the third Sunday of the month for fun and social purposes.

Catholic Women's League - monthly meetings on the third Thursday, contact the Parish office.

Knights of Columbus - Second Tuesday of the month. Contact Wayne Brown.

Hospitality Sunday - After Masses on the last Sunday of the month.

Junior Liturgy - Sundays, 9am Mass during the school season, September to June. Co-ordinator: Anne Marie Barrett.

Rosary - Before Saturday, 5pm Mass in May and October.

Parish Visitation Program - Visits to parishioners. Contact the parish office.

Prayer Network - Every day 90 people pray for you and special intentions. Contact Maureen Hamilton.

St. Vincent de Paul - (613)962-8675.

Ascension Singers - Saturday Mass, once a month. Contact: Elizabeth Wallace.

Senior Choir - Sunday Mass at 10:30am. Practice every Wednesday at 6:30 pm. Director: Debbie Shaw.



Invitation to Minister at Mass

Altar Servers - Weekends: Youth after their First Communion can volunteer. Contact: Deacon Bill. Weekdays - Adult volunteers. Contact Father Charles.

Funerals - Adult volunteers. Contact Father Charles.

Eucharistic Ministers - Lay Ministers assist in distributing the Eucharist to the congregation during Masses on weekends and weekdays. Monthly schedules are provided.

Offertory Gifts - Volunteers carry the gifts to the altar. Monthly schedules are followed.

Lectors - Parishioners proclaim the readings. Monthly schedules are provided.

Junior Liturgy - Younger children are welcome to join the weekly celebration with a Gospel message for them. Also, adult volunteers are needed to lead children's liturgy.

Music - Parishioners of all ages are welcome to participate in sharing their musical talents. There are various choirs open to different age groups. Practices are held weekly.

Ushers - Responsible for finding seats for parishioners and taking up the collection at weekend Masses.

