



**FOURTH SUNDAY IN ORDINARY TIME**  
**February 3, 2019**

*God's love is enduring and unconditional. Jesus is the Spirit-filled prophet, called to make the human race a whole, flourishing community. He asks us to go beyond our comfort level and he tells us we need to grow and explore our own sense of belonging to God. Through our Baptism, we are called to be prophets for the kingdom of God. The grace to accept Jesus' prophetic words will be ours if we remember that Jesus is the human face of God's love.*



**Blessing of Throats:** February 3<sup>rd</sup>, 2019 is the **Feast Day of St. Blaise**. The Blessing of Throats will be offered after all weekend Masses this weekend.

Our **Parish Social Justice Committee** will be having a meeting this Monday, February 4<sup>th</sup>, at 7pm, in the parish centre. Everyone is welcome to attend.

**CHOIR FUNDRAISER: Trivia Night! SATURDAY, FEBRUARY 9<sup>th</sup>, 2019** from 6:30 to 10pm in the parish centre. Lynette will be hosting a fun night of trivia!! This fundraiser is to help purchase updated hymnals for our parish choirs. Tickets are \$10 at the door. Ages 16 and older. **No teams needed!** Snacks and beverages provided. Come out for a fun night of trivia and a chance to win prizes!!



**FIRST COMMUNION REGISTRATION MEETING: is this Wednesday, February 6<sup>th</sup>, at 7pm, St. Joseph's School, 405 Bridge St E, Belleville.** Registration forms and information packages will be handed out at this meeting for all grade 2 or older students who will be making their First Communion at St. Joseph Church this year. Please plan to attend. If you have any questions, please call the parish office, (613)968-9950.



**CWL News:** Our next General Meeting is **Thursday, February 21<sup>st</sup> at 1pm.** Instead of a formal meeting, we will enjoy a time to gather and chat and share dialogue about the league. We hope you will drop in.

Everyone is invited to pray the **Chaplet of the Precious Blood of Jesus Christ.** Every Wednesday after 8am Mass, St. Joseph Church in the St. Anne's Room in the parish centre. For information contact Cheryl, (613)962-4916.

**Secular Franciscans of Holy Rosary Fraternity** will meet Monday, February 4<sup>th</sup> following 7pm Mass. Everyone welcome.

**2019 Sacrament Dates at St. Joseph's Church:**  
**Information & Registration Meeting: for First Communion candidates: This Wednesday, February 6, 2019 at 7pm at St. Joseph School**  
**First Confession: Wed, May 1, 2019 at 7pm**  
**First Communion: Sat, June 1, 2019 at 11am**  
**Confirmation: Tuesday, May 21, 2019 at 7pm**

**Nicholson Catholic College, 301 Church St, Belleville, is hosting a Parent/Guardian Information Night on Wednesday, February 13<sup>th</sup> from 6:30 to 8pm** in the NCC Learning Commons. Information on course selections, pathway choices, Extended French Certificate and International Baccalaureate (IB) Programme will be provided. Any ALCDSB student is eligible to apply to the IB programme.

**St. Joseph School, 405 Bridge St E, Belleville, is having a Spring Crafter/Vendor Sale on Saturday April 6<sup>th</sup> 2019.** We are looking for vendors to fill up our gym. Price per table is \$30 plus an item for our raffle. If you are interested in a spot at our sale please e-mail Amanda Bentley-Lake, [mandibentley@hotmail.com](mailto:mandibentley@hotmail.com) Vendor forms available at the school office.

**Upcoming Meetings & Events in the Parish Centre:**

**Social Justice Committee:** Monday, Feb 4<sup>th</sup>, at 7pm  
**Trivia Night Choir Fundraiser:** Sat, Feb 9<sup>th</sup> at 6:30pm  
**St. Vincent de Paul:** Tue, Feb 12<sup>th</sup>, 8:30am  
**Knights of Columbus:** Tue, Feb 12<sup>th</sup>, 7pm  
**Parish Council Meeting:** Wed, February 13<sup>th</sup>, 7pm  
**CWL General Meeting:** Thurs, Feb 21<sup>st</sup>, 1pm  
**Hospitality Sunday:** Sun, Feb 24<sup>th</sup>, after Sunday Masses

On the first Friday in March 170 countries will celebrate **World Day of Prayer - Friday, March 1, 2019 at 2pm,** hosted this year by Emmanuel United Church, 458 Ashley St, Foxboro. At the core of the 2019 theme is an invitation - **"Come, Everything is ready."** All are welcome! This Ecumenical service was written by the women of Slovenia and will be led by women of many denominations in the Belleville area. Stay after the service for a time of fellowship & light refreshments based on traditional Slovenian food. Speaker: Rev. Dr. Jackie Harper.

**Tour of the Wonders of Egypt and The Nile River: October 10-19, 2019** - Have you ever wanted to see the ancient wonders of Egypt? To marvel at the magnificent structures in the Giza Pyramids and Great Sphinx in Cairo, to admire the sophisticated giant statues and pillars in the Temples of Luxor and Karnak, and embark on a luxurious five day Nile River Cruise and felucca for fascinating natural sceneries and also spectacular ancient monuments along the river? If so, consider joining Fr. Brian Price (an amateur Egyptologist) & Fr. Justin Pulikunnel for this adventure! Though not a religious pilgrimage per se, there will be Holy Mass every day. Staying at the five-star Cairo Marriott Hotel and the luxurious *Sonesta St. George I* cruise (only 47 cabins). Contact Fr. Justin [justin.pulikunnel@gmail.com](mailto:justin.pulikunnel@gmail.com) for an itinerary. There will be an orientation evening **Wed, Feb 27<sup>th</sup> in both Belleville and Brockville** for those who want to learn more.

**Bus trip from St. Mary's Cathedral to the "Lift Jesus High Rally" in Toronto, Saturday, March 2, 2019. The theme of this year's rally is "HOPE IN THE MIDST OF SUFFERING." Keynote speaker is Fr. Mark Goring, CC.** Bus leaves St. Mary's Cathedral at 5am and will stop for pickups in Napanee, Belleville and Trenton. Returning to Kingston by approximately 9pm. Cost of round trip transportation (dinner not included) is \$70. Tickets to the rally are available (Adults \$25, Youth \$15). For more information or to reserve tickets and bus seating, contact Ann Lyng, 613-546-5521 Ext 5 or at [alyng@cogeco.ca](mailto:alyng@cogeco.ca)

✠ **Remember in Prayer:** All who are ill, including Kathy Mulder, Danny Coughlin, Al Hamilton, Marvin Yantha, Susan Lake, Christine & Ed McFee, Catharine Brennan, Jack Duggan, Pam Barrett, Cory McMurter, Jeanette McBride, Robert Munroe, Colin Sugden and Esther Mortley. Please pray for the repose of the soul of Kathleen Young.

~ Please visit [www.stjosephsbelleville.org](http://www.stjosephsbelleville.org) for additional bulletin notices and parish information ~

## Parish Events:

**2019 Church donation envelopes are ready to pick up at the main church doors.** Please ensure we have your **current address** to receive an income tax receipt (check the label on your box). If you would like to sign up for a new box of envelopes or for pre-authorized automatic monthly donations, extra boxes and sign-up sheets are at the main doors or call the parish office for information.

If you or a loved one are going to the hospital or a retirement home, please inform the parish office so a visit can be arranged.

Thank you for continuing to bring food items to Mass for Gleaner's Food Bank. Please keep making food donations to Gleaners each week because many families are counting on our parish to help feed them. Remember Jesus' words from Matthew's Gospel: *"I was hungry and you fed me."*

**Junior Liturgy** Sundays at 9am Mass. This is a wonderful opportunity for children between the ages of 3 & 7 to participate in a deeper understanding of the Gospel message. The goal of this program is to engage and enlighten children in the teachings of the Church. The children are led in prayer, liturgy of the day and crafts/activities to emphasize the Gospel message. They also learn to participate in the Mass. We look forward to helping your children celebrate God's love at Mass. We are always looking for volunteers to support our weekly program. If you would like to help, contact Anne Marie at [barretts@cogeco.ca](mailto:barretts@cogeco.ca) or call the parish office.



**Junior Choir: We need more singers!** Please contact Lynette 613-967-2483 or [lynettethibeau@hotmail.com](mailto:lynettethibeau@hotmail.com) or see her at Mass to arrange an audition. We practise Sunday nights at 6:30 and sing about once a month. Please consider this if your child is in grade 2 or higher and enjoys singing. They must be able to read.

Our **Prayer Network** has more than 100 people praying every day for our parish, for those who are sick and for special intentions. If you would like the Prayer Network to pray for you or your loved one, call the parish office to get the prayers started.

Just a reminder to everybody that our church has two **Quiet Rooms**, (one in the southwest corner and one behind the candle stand). Feel free to use these rooms if you need some quiet time and quiet space before or after Mass - OR - if during Mass you need a private space for you and your child. Also, there are diaper changing stations in all the washrooms.

## Events in and around the Diocese:



You are invited to attend **The Share Lent Launch for Development and Peace** presentation on **Saturday, February 9<sup>th</sup>** at 12:00 noon- 3:00pm at **St. Joseph's Parish in Kingston**. A light lunch will be provided. To register, please contact Jan at 613-968-9659 or Sr. Helen at 613-766-2376. Everyone is welcome. There is also another opportunity to attend a **Share Lent** event on Sunday, February 10<sup>th</sup> at **St. John Bosco Church**, 175 Windsor Drive in **Brockville**, after the **10:00 a.m. Mass**. A light lunch will be included.

**Lenten Guided Retreat: "Jesus' Way of Compassion" Friday, March 8, 7pm to Sunday, March 10, 1pm.** Arrival 6 - 6:30pm. Facilitator: Denise Bérubé, cnd. Compassion is the essence of Jesus' life & teaching. Following his way of compassion asks no less of us than the total breaking and giving of our own hearts in love. We come to this weekend of quiet space to ponder this invitation to follow Christ in responding to the suffering world of today. **Register by Fri, Feb 22/Cost: \$165. Providence Spirituality Centre 613-542-8826.** *Those who want a directed retreat can also register, cost is \$150.*

**2019 Women's Lenten Retreat, Manresa Jesuit Spiritual Renewal Centre** - Pickering, 2 nights/3 days: - **Monday, March 11<sup>th</sup> to Wed, March 13<sup>th</sup>, 2019.** Retreat director is Father Henk van Meijel, director of Manresa Jesuit Spiritual Renewal Centre. Cost \$339.00 with transportation from Belleville or \$299.00 without. Organized & escorted by Fr. Don Oberwarth, St. Francis of Assisi, Frankford. (613)929-8390 [womenslentenretreat@gmail.com](mailto:womenslentenretreat@gmail.com)

**Marriage Preparation Course:** The next course in Belleville is **Friday & Saturday, March 22 & 23, 2019** at Holy Rosary Parish Hall. To register, please contact St. Joseph parish office. Completed forms due by **Feb 28<sup>th</sup>, 2019.** A Marriage Preparation Course is required **for all couples planning to be married in the Archdiocese of Kingston.**

**Cursillo Weekend for Men to be Held in Kingston** - Pope Francis encourages us to encounter Jesus. The Cursillo Weekend offers a short and profound opportunity to encounter Jesus. The Archdiocese of Kingston has just completed a milestone with the **Women's Cursillo Weekend held on August 9<sup>th</sup> to 12<sup>th</sup>, 2018.** We are now blessed with the opportunity to have a **Men's Cursillo Weekend scheduled for Thursday evening, March 28<sup>th</sup> through to Sunday, March 31<sup>st</sup>, 2019** incl., at Providence Spirituality Centre in Kingston. For more information, please contact Lionel Ryan at 613.634.9588 / [ryanlionel07@gmail.com](mailto:ryanlionel07@gmail.com), or Mike Foley at 613.546.6224 / [mfoley8@cogeco.ca](mailto:mfoley8@cogeco.ca), or Father Shawn J. Hughes at 613.546.5521 Ext. 4 / [fathershawnjhughes@gmail.com](mailto:fathershawnjhughes@gmail.com) .

**PRESENCE: The Mystery of the Eucharist** is a new series on the 'Source and Summit' of our faith. Starting **Monday, January 14th for 3 consecutive weeks**, we will offer 2 sessions each day: Morning 9:30 to 11:30 am and Evening 6:30 to 8:30 pm. Join us at St Paul the Apostle church, 1111 Taylor Kidd Blvd, Kingston in the main hall. We will look at 'What is it that is so special about the Eucharist?' No charge. Register today online at [www.stpaulkingston.com](http://www.stpaulkingston.com). Everyone is welcome. Sponsored by St Paul's Faith Development team.

**THEOLOGY OF THE BODY CERTIFICATE COURSE IN TORONTO!** Looking for an introduction to John Paul II's Theology of the Body? A "Theology of the Body Basics" Certificate Course will be offered LIVE by Sr. Helena Burns, fsp. For those who can't attend in person, the Course will also be offered simultaneously ONLINE (filmed, so in-person students can view missed classes or simply review). Certificate is awarded through [www.sacredheartcollege.ca](http://www.sacredheartcollege.ca) More course details & registration: [www.tinyurl.com/TOBcertificate](http://www.tinyurl.com/TOBcertificate) or [rhelenaburns@gmail.com](mailto:rhelenaburns@gmail.com) **January 5-February 16, 2019 - 10-4pm.**

You are invited to join a **Christian Meditation Group** in the tradition of *John Main* every Tuesday from 10 to 11am, downstairs at the **Diocesan Centre**, 390 Palace Road, Kingston. For further information contact Mary Myers at [mritamyers@gmail.com](mailto:mritamyers@gmail.com)

**The Catholic Women's Leadership Foundation (CWLF)** is accepting applications for its 2019 Leadership Program for Canadian Catholic women. The program will be facilitated by the Providence School of Transformative Leadership and Spirituality at Saint Paul University in Ottawa. For more information about CWLF and the Leadership Program, and to complete an application form, visit [www.cwlfcanada.ca](http://www.cwlfcanada.ca).

**Belleville Catholic Men's Fellowship (BCMF) - THAT MAN IS YOU (TMIY)** It's not too late to join the Men's Fellowship meetings on Friday mornings at St. Michael's in the parish centre from 6 to 8am. Check our Paradisus Dei online. Contact John Kavanaugh for info: [johnkavanaugh140@gmail.com](mailto:johnkavanaugh140@gmail.com) **Resumes Friday, Feb 8<sup>th</sup>, 2019.**

**Prayer for World Peace:** Sundays from 1-8pm at St. Michael's Parish Hall, the Rosary is recited continuously in different languages dedicated to world peace. For more info, call Matthew at (613)967-1732 or Joseph at (613)771-9636.

**QuintCY (Quinte Catholic Youth)** ~ Calling all Quinte Catholic Youth to Youth Group in the Cave! (Downstairs at St. Michael's Church) Sundays, monthly, 6:30-8:30. For TEENS. Bring your friends! (First Sunday of the month).

The poster is for "THE TWELFTH ST. JOHN FISHER DINNER". It features a background image of a cityscape with mountains in the distance. At the top, there are logos for "Catholic Christian OUTREACH" and "Newman House Catholic Club". The main text reads: "THE TWELFTH ST. JOHN FISHER DINNER", "Presented by Bergeron | Clifford", "Tuesday, March 5, 2019", "JORGE CARDINAL UROSA", "ARCHBISHOP EMERITUS OF CARACAS, VENEZUELA", "FOR THE LIFE OF THE WORLD: SPEAKING TRUTH TO POWER". Below this, it lists the location: "Ambassador Hotel and Conference Centre, 1550 Princess Street, Kingston ON" and the schedule: "Reception at 5:00 PM, Dinner at 6:00 PM, \$100 per Person, \$900 Table of Ten". A yellow starburst graphic says "Purchase includes Archbishop Chaput's best-selling book RENDER UNTO CAESAR, one copy per ticket or five copies per table". At the bottom, it says "For tickets visit [store.cco.ca](http://store.cco.ca)" and "Tax receipts issued for a portion of the purchase price (613) 287-2819 / [dan.freeman@cco.ca](mailto:dan.freeman@cco.ca)".

**Pilgrimage to Poland:** Divine Mercy Centre and Prague, Wroclaw, Krzeszow, Krakow, Lagiewniki, Czestochowa, Salt Mine Wieliczka, Zakopane, Wadowice and more. **May 5-15, 2019** - \$3,200 CAD (taxes & gratuities included). Under the spiritual guidance of Fr. Joseph Machaj. The Pilgrimage is being organized by a Polish travel agency, IvoTrans in Poland. More info contact Fr. Joseph, (613)962-1092; [frjosephmachaj@gmail.com](mailto:frjosephmachaj@gmail.com) **Deadline for Registration is Jan 31, 2019.**



Do you want to deepen your Spirituality and build community with others committed to serving with compassion? The Providence Associates of the Sisters of Providence of St. Vincent de Paul meet monthly at **Queen of the Most Holy Rosary** parish in Belleville. They invite women and men to consider attending one of their meetings to learn more about who they are. For information, email [associates@providence.ca](mailto:associates@providence.ca) or call 613-544-4525 ext. 148.

**Separated and/or Divorced?** Looking for support through your healing process? You are welcome to attend the **New Life Group a Support Group** for those experiencing separation and divorce. Alternate Tuesday evenings - 390 Palace Road, Kingston. For further info e-mail [family@romancatholic.kingston.on.ca](mailto:family@romancatholic.kingston.on.ca) or phone the Family Ministry Office 613-548-4461.

### Community Events:

**“Inn from the Cold” - Winter Food Ministry Program - Hot Meals for 42 nights - from Fri, Jan. 18 to Thurs, Feb. 28 - Bridge St. United Church**, 60 Bridge St. E. (side door), Belleville. Free hot meals and a warm place to be during the coldest time of the year. Doors open at 4pm, coffee/soup served at 4:30pm, nutritious, hot meals served from 5 to 6:30pm. No registration required. If unable to attend from 5 to 6:30pm, a frozen meal can be picked up every day (Jan. 18 through to Feb. 28) from 2 to 4pm. Registration for first visit required for “*pick up*” component of this program. More info call 613-962-9178.

**Eat, Drink, Think at the 5<sup>th</sup> Kiwanis Trivia Night! Friday, February 15, 2019** - 7:00 pm, Doors open 6:30pm at the Banquet Centre, Alhambra Square, Belleville. Tickets are \$20 each in advance, \$25 at the door. Up to 8 members per team. Cash prizes for top three teams. Snack at half-time break. Cash bar. All proceeds to community projects of the Kiwanis Club of Belleville. Tickets: Kiwanis members, online at [kiwanisbelleville.ca](http://kiwanisbelleville.ca) or phone 613-771-1758.

**February 17<sup>th</sup>, 2019 at 4:30pm, the Canadian Guitar Quartet** will present an original programme showcasing the versatility of the classical guitar at **St. Thomas' Anglican Church**. Since its debut in 1999, the Canadian Guitar Quartet has toured extensively in North and South America, from one standing ovation to the next, establishing a reputation as one of the finest guitar ensembles in the world. A reception will follow. Admission by donation.

The Ontario Catholic School Trustees' Association has launched a new online campaign to promote **Catholic Education in Ontario**. Called ***Together in Faith***, the goal of the campaign is to build a vibrant online community of supporters of Catholic education, and share the stories of the exceptional students, teachers, and other members of our Catholic community who are demonstrating excellence throughout our Catholic schools. The Algonquin and Lakeshore Catholic District School Board is pleased to support this online campaign and celebrate the excellence of Catholic education in our communities. More info at [www.togetherinfaith.ca](http://www.togetherinfaith.ca).

**The Hotel Dieu Hospital Spiritual Health Department** is looking for donations of acrylic yarn (Sayelle, Astra, worsted weight). Our volunteer knitters make prayer shawls and afghans, which are then given out where it is felt they are most needed. Donations of yarn can be dropped off at the Spiritual Health office (room 391 on the 3<sup>rd</sup> floor of the Sydenham wing) Monday to Thursday between 8:30 am -12:30 pm. Contact 613-544-3400 ext. 2231.

The Archdiocese is partnering with **Newman Theological College** in Edmonton to offer online faith formation courses in a Certificate in Catholic Studies. Registration Cost per course is \$85.00. Students may register completely online at <http://www.newman.edu/CCS>. Please see their website for further details and FAQ's. For more information please contact or call Mary-Jo MacKinnon-Simms at the Diocesan centre 613-548-4461 Ext 115.



Young people in grades 4 to 7 who are interested in joining the **Quinte Children's Choir**, since 1986 the training choir of the renowned **Quinte Youth Chorale**, are invited to audition for the 2018 season at St. Thomas Anglican Church, Belleville. For more information or to schedule an audition call Rudolf Heijdens at 613-962-0920 or e-mail [rudolf.heijdens@sympatico.ca](mailto:rudolf.heijdens@sympatico.ca)

#### NEEDED: PASTORAL CARE VOLUNTEERS

##### AT KINGSTON GENERAL HOSPITAL

Friar David Collins, OFM Conv., is the Roman Catholic Chaplain at Kingston General Hospital. We know how important it is to have a priest or pastoral care volunteer to visit our sick loved ones and to take the Blessed Sacrament to them while they are in hospital.

Friar David is assisted by volunteers from different parishes that arrive before 9:00 a.m. and begin with a short prayer service and then visit the Catholic patients, offering them Holy Communion or just pray with them, if that is what the patient desires.

Friar David is in need of more volunteers to serve in this wonderful ministry. Training is provided by Friar David, along with the training that all volunteers undergo who volunteer at the hospital.

If you are interested in volunteering one morning a week, Monday thru Friday, please contact Friar David at 613-546-6900



*Did you know . . . Hospice Quinte* is focused on improving the quality of life for those with a life threatening or life limiting illness? They will place trained volunteers to provide much needed respite for caregivers, offering peace of mind when they need to attend to tasks outside of home. A volunteer can provide practical assistance with meal preparation & light housekeeping; companionship; offering to read, play cards, share conversation, emotional support for patient & family. The volunteer will visit wherever the patient may be, home, hospital, LTC, or retirement residence. Services are free of charge & available throughout the course of the person's illness, not just at end of life. More info: Jan MacInnes, 613-966-6610 x 223, or [janmacinnes@hospice-quinte.ca](mailto:janmacinnes@hospice-quinte.ca) I am pleased to let you know that on October 1, we are relocating to a space more suitable for our program needs. Our new location is 2-470 Dundas Street East in Belleville, in the Bayview Mall. Our phone number remains the same at 613-966-6610 and our primary email address is also still the same; [we.care@hospice-quinte.ca](mailto:we.care@hospice-quinte.ca) This new location will provide our clients with more convenient parking as well as a space for support groups and meetings.



### Parish Contacts

Parish Secretary	Kathleen Henry	968-9950
Parish Council	Marilyn Guay	<a href="mailto:marilynguay50@gmail.com">marilynguay50@gmail.com</a>
Junior Liturgy	Anne Marie Barrett	<a href="mailto:barretts@cogeco.ca">barretts@cogeco.ca</a>
CWL	Mary McNulty	962-2993
Grand Knight 16308	Roy Goodridge	<a href="mailto:goodridger@bell.net">goodridger@bell.net</a>
Deputy Grand Knight 16308	Paul Lattanzio	<a href="mailto:st.kocjosephskoc@gmail.com">st.kocjosephskoc@gmail.com</a>
Squires	Peter Matwyuk	885-7648
Franciscans	Deacon Bill Garland	966-4015
Senior Choir	Debbie Shaw	962-7430
Youth Choir	Lynette Thibeau	967-2483
Ascension Singers	Elizabeth Wallace	968-9950



## Invitation to Minister at Mass

**Altar Servers** - Weekends: Youth after their First Communion can volunteer. Contact: Deacon Bill.  
Weekdays - Adult volunteers. Contact Father Charles.

Funerals - Adult volunteers. Contact Father Charles.

**Eucharistic Ministers** - Lay Ministers assist in distributing the Eucharist to the congregation during Masses on weekends and weekdays. Monthly schedules are provided.

**Offertory Gifts** - Volunteers carry the gifts to the altar. Monthly schedules are followed.

**Lectors** - Parishioners proclaim the readings. Monthly schedules are provided.

**Junior Liturgy** - Younger children are welcome to join the weekly celebration with a Gospel message for them. Also, adult volunteers are needed to lead children's liturgy.

**Music** - Parishioners of all ages are welcome to participate in sharing their musical talents. There are various choirs open to different age groups. Practices are held weekly.

**Ushers** - Responsible for finding seats for parishioners and taking up the collection at weekend Masses.



## Invitation to Serve

**Card Parties** - Once a month on the third Sunday of the month for fun and social purposes.

**Catholic Women's League** - monthly meetings on the third Thursday, contact the Parish office.

**Knights of Columbus** - Second Tuesday of the month. Contact Roy Goodridge.

**Hospitality Sunday** - After Masses on the last Sunday of the month.

**Junior Liturgy** - Sundays, 9am Mass during the school season, September to June. Co-ordinator: Anne Marie Barrett.

**Rosary** - Before Saturday, 5pm Mass in May and October.

**Parish Visitation Program** - Visits to parishioners. Contact the parish office.

**Prayer Network** - Every day 90 people pray for you and special intentions. Contact Maureen Hamilton.

**St. Vincent de Paul** - (613)962-8675.

**Ascension Singers** - Saturday Mass, once a month. Contact: Elizabeth Wallace.

**Senior Choir** - Sunday Mass at 10:30am. Practice every Wednesday at 6:30 pm. Director: Debbie Shaw.

**Youth Choir** - Sunday, 9am Mass once a month. Practice every Monday at 6:30pm during the school year. Director: Lynette Thibeau.

