

FIFTH SUNDAY IN ORDINARY TIME

February 4, 2018

On Ash Wednesday we will begin a forty-day journey to prepare ourselves for Holy Week. Lent is a time for penance and repentance, for almsgiving and prayer, for working to change so that you can live as people of faith. Spend time in communion with God, the way Jesus did when he was in Capernaum. He spent time curing the sick but he also made time to go to a deserted place to pray. We need to spend time with God, regardless of other demands on us. In this way we will better perform God's services in the way He wants us to.



SAVE THE DATE!! Our Lenten "Fish Fry" is Friday, March 2nd, at 5:30 pm in the parish centre, featuring **Mike Mundell's Fish & Chips**, with desserts & beverage included. Adults \$15; children under 10 - \$7; 6 yrs. & under - Free. Tickets available beginning next weekend, February 10/11, after Masses.

Thank you to all our parishioners for the overwhelming support of the **Fair Trade products** we had for purchase at Hospitality Sunday. The next sale will be on February 25th after the morning Masses. Also, proceeds from our **Seniors' Lunch** this past Wed were \$300. which will be donated this month to **The Belleville Salvation Army Lunch Program**.

Sacrament of the Anointing of the Sick: Next Sunday, February 11th is **World Day of the Sick**. On Saturday, February 10th, we will celebrate the **Sacrament of the Sick** following the **9am Mass**. If you are seriously ill, or scheduled for surgery, or are 65 and older and experiencing certain health issues, I encourage you to consider receiving this anointing in which Christ comes to you in a special way with his healing and grace.

CWL News: Ladies please note that the February meeting will be in the afternoon at 1pm on Thursday, February 15th.



Knights of Columbus 16308 News: Members are reminded of this month's business meeting which has been rescheduled to this Tuesday, Feb 6th at 7pm in the parish centre. Ample parking available and refreshments to follow. The Knights of Columbus will also be hosting **St. Joseph's Parish Annual Shrove Tuesday Pancake Dinner** on February 13th, 5 to 7pm in the parish centre. All are cordially invited to attend. See posters at each church door for more information.



Lent begins Wed, Feb 14th. Please bring your palms from last year to Mass to be made into ashes for Ash Wednesday.

Call for Conscience Campaign 2018 - The Bishops of Ontario, in conjunction with the Coalition for Healthcare and Conscience, are looking for 100,000 e-mail addresses as part of a campaign to encourage our elected Members of Provincial Parliament (MPPs) and those seeking office this June to increase funding for palliative care, to protect doctors and healthcare professionals who do not want to be involved in Medical Assistance in Dying (MAID), and to protect faith-based healthcare facilities from participating in MAID. To join this campaign, go to www.romancatholic.kingston.on.ca the Archdiocese of Kingston website, and click on the link, '**Call for Conscience Campaign 2018**', where you can enter your name, e-mail address, and postal code, to identify your riding. Another way to participate in this campaign is to send a letter by regular mail to your Member of Provincial Parliament. A sample letter will be provided to parishes in April.

Nicholson Catholic College's Jamaica Mission Team will be hosting a "**Trivia Night**", Sunday, February 25th, 2018, 1-4pm at Slapshot Bar & Grill located, 151 Cannifton Rd, Belleville. Proceeds of this event will be used to support a house build for a needy family during their upcoming trip in March to Jamaica. Tickets - \$20 in advance; \$25 at the door. No team is required. For more info or for tickets, please call Jeff Wood 613-967-0404 x 249 or email wood@alcdsb.on.ca. Seating is limited.

Upcoming Meetings & Events:

Pancake Supper: Tues, Feb 13th, 5 to 7pm, parish centre

St. Vincent de Paul: Tue, Feb 27th at 8:30am

Mike Mundell's Fish Fry: Friday, March 2nd, 5:30, parish centre

Nicholson Catholic College is hosting Grade 8 Parent / Guardian

Information Night - Tuesday, Feb 13th, 6:30 - 7:30pm - NCC Learning Commons (library). Info regarding course selections, pathway choices, Extended French Certificate & International Baccalaureate (IB) Programme will be provided. Grade 8 students interested in attending Nicholson during 2018/19 school year may contact the school, 613-967-0404 ext 235 for more information.

2018 Sacrament Meetings and Dates

First Confession: Wednesday, April 4th, 7pm

First Communion: Saturday, May 5th, 11am

Information & Registration Meeting: for Confirmation candidates & their parents - Wed, April 11th, 7pm in the parish centre

Confirmation Retreat: May 2nd, 9:30am - 2:30pm

Confirmation: Tuesday, May 29th, 7pm



Marriage Preparation Course: The next Marriage Preparation Weekend is Friday & Saturday, **March 2nd & 3rd**, 2018 at Holy Rosary Parish Hall, Belleville. **Registration is due no later than Feb 15th**. A Marriage Preparation Course is required for all couples planning to be married in the Archdiocese of Kingston. Call the Parish Office, (613)968-9950 for reg forms & workshop selections.

Steubenville Toronto Teens - Grades 8-12! Join over 1500 youth from across Ontario in attending Steubenville Toronto, an amazing high school youth conference-July 13-15, held at UOIT Campus in Oshawa. Information and registration package and info on how to attend with Archdiocese of Kingston group contact Nadia Gundert at youth@romancatholic.kingston.on.ca

Holy Rosary Secular Franciscans will hold their February meeting on Monday, the 5th, following 7pm Mass at Holy Rosary parish centre. Everyone welcome.

✠ **Remember in Prayer:** All who are ill, including Shari Lynn Smith, Kathy Mulder, Ava Trecartin, Mary Jennings, Carol Welch, Brian Steinberg, John Doran, Danny Coughlin, Lorraine Comeau, Joseph Mendes, Gerry Bibby, Louise Murray, Emmett Woodward, Cathy Meyers, Fred Shannon, Eileen James and Paul Frechette. Pray for the repose of the souls of Patrick Wheeler, Elmer McNamara and Isabelle Couture.

Parish Events:

2018 Church donation envelopes are ready to pick up at the main church doors. Please ensure we have your *current* address to receive an income tax receipt. If you would like to sign up for a new box of envelopes or for pre-authorized automatic monthly donations, call the parish office for info.

Junior Liturgy Sundays at 9am Mass. This is a wonderful opportunity for children between the ages of 3 & 7 to participate in a deeper understanding of the Gospel message. The goal of this program is to engage and enlighten children in the teachings of the Church. The children are led in prayer, liturgy of the day and crafts/activities to emphasize the Gospel message. They also learn to participate in the Mass. We look forward to helping your children celebrate God's love at Mass. We are always looking for volunteers to support our weekly program. If you would like to help, contact Anne Marie at barretts@cogeco.ca or call the parish office.

St. Joseph's Junior Choir - Sunday night rehearsals, 6:30 to 7:30. Grades 2 & up welcome. We sing every 3 or 4 weeks at 9am Mass. Contact Lynette for details. 613-967-2483.

If you or a loved one are going to the hospital or into a retirement home, please inform the parish office so a visit can be arranged.

Each week you are encouraged to support Gleaners Food Bank by bringing a non-perishable food item to Mass. *"I was hungry and you fed me."* Feed the hungry.

Our **Prayer Network** has more than 100 people praying every day for our parish, for those who are sick and for special intentions. If you would like the Prayer Network to pray for you or your loved one, call the parish office to get the prayers started.

Just a reminder to everybody that our church has two Quiet Rooms, (one in the southwest corner and one behind the candle stand). Feel free to use these rooms if you need some quiet time and quiet space before or after Mass - OR - if during Mass you need a private space for you and your child. Also, there are diaper changing stations in all the washrooms.

Events in and around the Diocese:

Totus Tuus Catholic Summer Camp! Registration Open! Youth in the Archdiocese are invited to register for **Totus Tuus** (*Latin for Totally Yours*) **Catholic Summer Camp!** A faith-based week-long camp; includes faith activities, skits, sports, crafts, music & outdoor fun! Day camp for children (Gr. 1-6), runs Mon-Fri-9am-2:30pm. (\$75/week) extended daycare option to 4pm. Engaging evening camp for teens (Gr. 7-12) runs Sun-Thurs-7-9pm. (\$25/week). Camp offered in Belleville **Jul 29-Aug 3** at **St. Michael's Parish Centre**. Info & reg at www.kingstonvocations.com/totus-tuus Info-Nadia, 613-484-2446.

Upcoming Teen Activities: Gospel Adventures at St. Mike's - 1st Sunday each month 6:30 to 8:30 in the Cave. All Teens Welcome! Sun, Feb 4th - Adventure #6: 3-Letter words! Create a story & be dramatic! Mon, March 12th - Adventure #7: Faith in Action - all day March Break Mission Trip to Toronto, details & permission form at the Youth Office. Sun, Apr 8th - Adventure #8: Be Bold!! Be a Leader! - Paint a rock, plant seeds. Wed, May 16th - Adventure #9: Faith in Action - Mission trip to Mississauga - load and sort items going to third world countries. Sun, June 3rd - Adventure #10: Celebrate Sundaes on Sunday - Bring your favourite sundae topping! Outdoor games, scavenger hunt, be prepared to get wet! Confirmation prep resumes with Session 3 Classes - Wednesday, 4-5:30 in the Cave - Feb 21, 28, Mar 7, in the Cave. New Life for Teens Reunion - Food, games, chillaxing! - Sun, Feb 11th, 6:30-8:30pm in the CAVE. Good Shepherd Refuge Centre/St. Francis Table - Toronto Day Trip: Mon, March 12th. Contact St. Mike's Youth Office to register, Fee is \$40.

Valentine Dance on Saturday, February 10 from 7-11pm at Hanley Hall, 30 McGill St. N, Smiths Falls. Entertainment provided by The Doherty Brothers Band. Tickets are \$15/person and are available through the parish office. Please call 613-283-0220. Light luncheon will be served. LCBO licensed event. Advanced ticket sales only.

The "New Life" weekend course of the St. Andrew School of Evangelization, at St. Mary's Parish Centre (260, Brock Street, Kingston, across from St. Mary's Cathedral) from February 9-11 2018 - I would like to invite you to consider registering for the upcoming "New Life" course hosted by St. Andrew's School of Evangelization from February 9th to 11th (Fri 6-9:30pm, Sat 8am-8:30pm, Sun 8am-4pm). This course allows you to come into contact with a simple and powerful proclamation of what makes Jesus Christ and His message such a life-changing experience. In "New Life" you experience the power of the Gospel not only with your mind, but with all of your senses. This unique methodology can help you revisit and enrich your spiritual life and is in compliment with the experiences of other evangelization retreats, like Alpha. You can register online at www.sase.ca or find some registration forms at the back of the church. For more information please contact Katelyn Arac (registration coordinator) at (902) 870-9093 or by email at kingston.sase@gmail.com. We hope to see you there! (Father Stéphane Pouliot)

The CWL of St. John the Apostle Church, 88 Patrick Street, Kingston is hosting a pancake supper on **Shrove Tuesday, February 13**, starting at 5:00 p.m. in the parish hall. Cost is \$5.00 for adults and free for children under 5 years old. All are welcome!

“Annual Lenten Fish Fry” hosted by Read, Marysville & Deseronto Knights of Columbus, Council 10846. To be held **Friday, February 23, 2018** from 4:30 to 6:30 pm in the Holy Name of Mary Church, Parish Centre, Marysville. Adults \$15; children under 12, \$7 and under 6 free. Family Price (Max) \$45. Tickets at the door only. All funds raised In support of Parish Needs.

Archdiocese of Kingston WORKSHOP FOR PARISH MUSICIANS - For Music Directors, Instrumentalists, Cantors, Psalmists, Choir Members and anyone interested in liturgical music at **St. Paul the Apostle Church, 1111 Taylor Kidd Blvd., Kingston SATURDAY, 24 FEBRUARY 2018 - 9:30AM – 3:00PM** For more Information, and to Register on-line, visit the Archdiocese of Kingston website: <http://www.romancatholic.kingston.on.ca/> or call Gorett or Mariola at (613)548-4461.

Study the principles of Social Credit in relation to the social teachings of the Catholic Church at St. Michael's Parish Centre, Belleville ON. We will watch videos on the topic and discuss on the 1st and 3rd Saturday mornings of the month, from 10:30am until noon, beginning **January 20th until June**. Contact Helen @ 613 966 1490 for more information or just show up.

An Evening with Development and Peace: Pope Francis Village is our response to the aftermath of Typhoon Haiyan in the Philippines. Come and hear about the enthusiastic response of the people, giving homes to 550 families. The screening of the film (about 25 minutes) will take place at Holy Family Church, 200 Weller Street (at Wiley) on **Wednesday, February 28th** at 7:00 p.m. Luke Stocking, the Central Ontario Animator, will lead the conversation. All are welcome.

Cursillo Weekend for Men to be held in Kingston - Pope Francis encourages us to encounter Jesus. The Cursillo Weekend offers a short and profound opportunity to encounter Jesus. A Men's Cursillo weekend is scheduled for **Thursday evening, March 8th to Sunday, March 11th** at Providence Spirituality Centre, Kingston. For more information contact Lionel Ryan at 613.634.9588 /RyanLionel07@gmail.com or Friar Ed Debono at 613.546.6900 x 204 / eddebono@aol.com



Do you want to deepen your Spirituality and build community with others committed to serving with compassion? The Providence Associates of the Sisters of Providence of St. Vincent de Paul meet monthly at Queen of the Most Holy Rosary parish in Belleville. They invite women and men to consider attending one of their meetings to learn more about who they are. For information, email associates@providence.ca or call 613-544-4525 ext. 148.

Separated and/or Divorced? Looking for support through your healing process? You are welcome to attend the **New Life Group a Support Group** for those experiencing separation and divorce. Alternate Tuesday evenings - 390 Palace Road, Kingston. For further info e-mail family@romancatholic.kingston.on.ca or phone the Family Ministry Office 613-548-4461.

Community Events:

Lenten Ragdoll Prayer Project - You can help in the fight against human trafficking - **Saturday, February 10, 2018** please join us in a workshop at Christ Church, (39 Everett Street, Belleville) regarding the reality of human trafficking in our area. This often-hidden crime, victimizes teenaged girls and also boys in numbers that are alarming. At the workshop you will complete a faceless rag doll (no sewing skills needed) and receive a booklet of accompanying prayers for each of the 40 days of lent. The workshop will be from 9:30 a.m. until 3:00 p.m. including a light lunch. If you have any questions, please contact Rev. Kate Ann Follwell at kateann@kos.net To register, please contact Christ Church, Belleville (613) 968-3478 or St. Thomas Church, Belleville (613) 962-3636 or All Saints Church, Tyendinaga (613) 962-2787. If you have a “group” of people you would like to bring contact one of the churches or email kateann@kos.net

On **February 18th**, the artist-in-residence at St. John the Divine Cathedral in New York City and international concert organist David Briggs will give a recital **at St. Thomas' Anglican Church in Belleville** as part of “Music at St. Thomas’.” Briggs will perform organ works by J.S. Bach. He is also well-known for his improvisations, and part of his programme will be dedicated to improvisation. The concert will start at 4:30 PM. A reception will follow during which light refreshments will be served. Admission is by donation.

Band of Christian Brothers Men's Conference: On **February 24th** join **Hector Molina** and **Bishop of St. Catharines Gerard Bergie** along with hundreds of men for Serviam Ministries' 3rd annual **Band of Christian Brothers Men's Conference** at Canada Christian College in Toronto. The theme is “Manly Virtue”. It is a one day intensive men's retreat consisting of spiritual talks, Mass, Adoration, Confession, fraternity and prayer. Special Father/Son rates available. All info and tickets: <https://www.serviamministries.com/events/virtue/>, info@ServiamMinistries.com or 1-888-522-2070.

“Inn from the Cold” - Winter Food Ministry Program - Hot Meals for 42 nights - **Thurs, Jan 18 to Wed, Feb 28** - Bridge St. United Church, 60 Bridge St E (side door), Belleville. Free hot meals & a warm place to be during the coldest time of the

year. Doors open at 4pm, coffee/soup served at 4:30pm, nutritious, hot meals served from 5-6:30pm. No registration required. Frozen meals can be picked up each day (Jan 18-Feb 28) 2-4pm. Reg at first visit required for "pick up". info, 613-962-9178.

Pilgrimage to Poland 28 April - 14 May 2018 includes special moments not readily available to other groups such as conferences with the Sisters at the Convents, visit to the Archbishop's Residence in Krakow, seeing where Mary left her footprints in Lichen, visiting Plock where Jesus appeared to St. Faustina. All-inclusive cost \$3,300 single and \$3150 for couples. Information: sbielec@sympatico.ca or 613-792-4272

The Catholic Women's Leadership Foundation (CWLF) is accepting applications for its initial Leadership Program for Canadian Catholic women. The Program will be facilitated by the Providence School of Transformative Leadership and Spirituality, Saint Paul University, Ottawa. For more information about the CWLF and the Leadership Program, and to complete an application form, visit www.cwlfcanada.ca.

Chilawee Trails has overnight week long camps in August. For girls ages 9-14. Located in Barry's Bay it offers sports, daily Mass, swimming, rosary, crafts, confessions, canoe, and drama - a week of fun, friendship and faith awaits! Registration opens in March. Consider helping campers from low-income families. For more info: chilaweetrails.ca.



The Hotel Dieu Hospital Spiritual Health Department is looking for donations of acrylic yarn (Sayelle, Astra, worsted weight). Our volunteer knitters make prayer shawls and afghans, which are then given out where it is felt they are most needed. Donations of yarn can be dropped off at the Spiritual Health office (room 391 on the 3rd floor of the Sydenham wing) Monday to Thursday between 8:30 am - 12:30 pm. Contact 613-544-3400 ext. 2231.

The Archdiocese is partnering with **Newman Theological College** in Edmonton to offer online faith formation courses in a Certificate in Catholic Studies. Registration Cost per course is \$85.00. Students may register completely online at <http://www.newman.edu/CCS>. Please see their website for further details and FAQ's. For more information please contact or call Mary-Jo MacKinnon-Simms at the Diocesan centre 613-548-4461 Ext 115.

Young people in grades 4 to 7 who are interested in joining the **Quinte Children's Choir**, since 1986 the training choir of the renowned **Quinte Youth Chorale**, are invited to audition for the 2017/2018 season at St. Thomas Anglican Church, Belleville. For more information or to schedule an audition call Rudolf Heijdens at 613-962-0920 or e-mail rudolf.heijdens@sympatico.ca

NEEDED: PASTORAL CARE VOLUNTEERS
AT KINGSTON GENERAL HOSPITAL

Friar David Collins, OFM Conv., is the Roman Catholic Chaplain at Kingston General Hospital. We know how important it is to have a priest or pastoral care volunteer to visit our sick loved ones and to take the Blessed Sacrament to them while they are in hospital.

Friar David is assisted by volunteers from different parishes that arrive before 9:00 a.m. and begin with a short prayer service and then visit the Catholic patients, offering them Holy Communion or just pray with them, if that is what the patient desires.

Friar David is in need of more volunteers to serve in this wonderful ministry.

Training is provided by Friar David, along with the training that all volunteers undergo who volunteer at the hospital.

If you are interested in volunteering one morning a week, Monday thru Friday, please contact Friar David at 613-546-6900

The Ontario Catholic School Trustees' Association has launched a new online campaign to promote Catholic Education in Ontario. Called ***Together in Faith***, the goal of the campaign is to build a vibrant online community of supporters of Catholic education, and share the stories of the exceptional students, teachers, and other members of our Catholic community who are demonstrating excellence throughout our Catholic schools. The Algonquin and Lakeshore Catholic District School Board is pleased to support this online campaign and celebrate the excellence of Catholic education in our communities. More info on the campaign can be found at www.togetherinfaith.ca.



Did you know . . . Hospice Quinte is focused on improving the quality of life for those with a life threatening or life limiting illness? They will place trained volunteers to provide much needed respite for caregivers, offering peace of mind when they need to attend to tasks outside of home. A volunteer can provide practical assistance with meal preparation & light housekeeping; companionship; offering to read, play cards, share conversation, emotional support for patient & family. The volunteer will visit wherever the patient may be, home, hospital, LTC, or retirement residence. Services are free of charge & available throughout the course of the person's illness, not just at end of life. More info: Jan MacInnes, 613-966-6610 x 223, or janmacinnes@hospice-quinte.ca



Parish Contacts

Parish Secretary	Kathleen Henry	968-9950
Parish Council	Harold Brennan	962-1983
Junior Liturgy	Anne Marie Barrett	barretts@cogeco.ca
CWL	Mary McNulty	962-2993
Grand Knight 16308	Roy Goodridge	goodridger@bell.net
Deputy Grand Knight 16308	Paul Lattanzio	st.kocjosephskoc@gmail.com
Squires	Peter Matwyuk	885-7648
Franciscans	Deacon Bill Garland	966-4015
Senior Choir	Debbie Shaw	962-7430
Youth Choir	Lynette Thibeau	967-2483
Ascension Singers	Elizabeth Wallace	968-9950



Invitation to Minister at Mass

Altar Servers - Weekends: Youth after their First Communion can volunteer. Contact: Deacon Bob. Weekdays - Adult volunteers. Contact Father Charles.

Funerals - Adult volunteers. Contact Father Charles.

Eucharistic Ministers - Lay Ministers assist in distributing the Eucharist to the congregation during Masses on weekends and weekdays. Monthly schedules are provided.

Offertory Gifts - Volunteers carry the gifts to the altar. Monthly schedules are followed.

Lectors - Parishioners proclaim the readings. Monthly schedules are provided.

Junior Liturgy - Younger children are welcome to join the weekly celebration with a Gospel message for them. Also, adult volunteers are needed to lead children's liturgy.

Music - Parishioners of all ages are welcome to participate in sharing their musical talents. There are various choirs open to different age groups. Practices are held weekly.

Ushers - Responsible for finding seats for parishioners and taking up the collection at weekend Masses.



Invitation to Serve

Card Parties - Once a month on the third Sunday of the month for fun and social purposes.

Catholic Women's League - monthly meetings on the third Thursday, contact the Parish office.

Knights of Columbus - Second Tuesday of the month. Contact Roy Goodridge.

Hospitality Sunday - After Masses on the last Sunday of the month.

Junior Liturgy - Sundays, 9am Mass during the school season, September to June. Co-ordinator: Anne Marie Barrett.

Rosary - Before Saturday, 5pm Mass in May and October.

Parish Visitation Program - Visits to parishioners. Contact Karen Holtz.

Prayer Network - Every day 90 people pray for you and special intentions. Contact Maureen Hamilton.

St. Vincent de Paul - (613)962-8675.

Ascension Singers - Saturday Mass, once a month. Contact: Elizabeth Wallace.

Senior Choir - Sunday Mass at 10:30am. Practice every Wednesday at 6:30 pm. Director: Debbie Shaw.

Youth Choir - Sunday, 9am Mass once a month. Practice every Monday at 6:30pm during the school year. Director: Lynette Thibeau.

Youth Group - Meets once a month. Check the bulletin.

