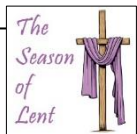




# FIRST SUNDAY OF LENT

## March 5, 2017

*Lent is a new beginning, a path leading to the certain goal of Easter, Christ's victory over death. This season urgently calls us to conversion. Christians are asked to return to God "with all their hearts" (Joel 2:12), to refuse to settle for mediocrity and to grow in friendship with the Lord. Jesus is the faithful friend who never abandons us. Even when we sin, he patiently awaits our return; by that patient expectation, he shows us his readiness to forgive. (cf. Homily, 8 January 2016 from Pope Francis)*



The Rosary will be prayed before all weekday Masses during Lent.

We will be having a Seniors Lunch this month Wednesday, March 29<sup>th</sup> at 11:30am in the parish centre. Please call the parish office no later Monday, Mar 27<sup>th</sup> to reserve your seat.

Thank you to all who attended our Shrove Tuesday Pancake Supper. Also, thanks to the Knights of Columbus and our Parish Youth Group for hosting this special event.

**Don't Miss The Big Shoebang this weekend! Sunday, March 5<sup>th</sup>, 1:30 - 4pm** in the parish centre - Proceeds to **United Syrian Family Support (Belleville) Sponsorship Group**. New & almost new ladies shoes & boots, sizes 5 to 10+ organized by size for easy access. Admission \$5 & everything priced at \$5. *Don't miss out!*

**Parish Curling Sat. March 18<sup>th</sup>** - from 10am to 2pm at the Quinte Curling Club, Bridge St. West, Belleville. This is open to anyone 9 years and older. The curling is free but we ask that you bring something for a pot luck lunch and bring your "inside shoes". Sign up at the main church doors. For more info call Terry (613)962-1007.

**CWL News:** Monday, March 20th is St. Joseph's Day. In celebration all parishioners are invited to a social in the parish centre after morning Mass. Our CWL Annual convention is coming up soon in Kingston. Information is located at church entrances. If you are interested in attending please contact Mary McNulty (613)962-2993. Reminder there will be no CWL meeting in February and March.



On Ash Wednesday, Development and Peace-Caritas Canada launched its 50<sup>th</sup> Annual *Share Lent* campaign, entitled "**Women at the Heart of Change**". Since 1967 money donated annually by Catholics during *Share Lent* provides essential support to the poorest populations of Africa, Asia, Latin America and the Middle East. You can make *Share Lent* part of your Lenten journey by using the Solidarity Calendar found at the doors of the Church this weekend.

**Day of Reflection: "Lent: A time for renewal and hope" - Mon Mar 20, 9-3pm** - with *Deacon Bill Gervais* - Lent offers us all a very special opportunity to grow in our relationship with God and to deepen our commitment to a way of life, rooted in our baptism. This Lenten Day of Reflection will provide an opportunity to pray more deeply, consider how to deal with temptations in our life and allow us to stand at the Cross of Christ where Jesus is saying something to and about us and the consequences of obedience even unto the Cross. **Call to register by Mon Mar 6 / Cost: \$25. Providence Spirituality Centre 613-542-8826.**

**Join the Call for Conscience: February 6 - March 31** - The Ontario Government has introduced Bill 84, *Medical Assistance in Dying (MAID) Statute Law Amendment Act*, which, at present, does not provide conscience protection for doctors and health care providers who conscientiously object to taking part in Medically Assisted Dying. A "Call for Conscience" campaign has been initiated to encourage Ontarians to write to their local MPPs asking them to protect conscience rights – in particular, to support an amendment to Bill 84 that would provide conscience protection for doctors and health care providers and create a care coordination service which protects both patients and health care workers. Further information can be found at [www.canadiansforconscience.ca](http://www.canadiansforconscience.ca).

Holy Rosary Secular Franciscans meet following 7pm Mass on Mon, Mar 6, Holy Rosary Church. All are welcome!

### 2017 Sacrament Dates at St. Joseph's Church:

**First Confession:** Wednesday, March 29<sup>th</sup>, 7pm

**First Communion:** Saturday, May 6<sup>th</sup>, 11am

**Information & Registration Meeting:** for Confirmation candidates & their parents - Wednesday, April 5<sup>th</sup>, 7pm

**Confirmation Retreat:** Wed, May 24<sup>th</sup>, 9:30am - 2:30pm

**Confirmation:** Tuesday, June 13<sup>th</sup>, 7pm

**Join us at The Souq** Sat. April 22, at Bridge St. Church gym (60 Bridge St E, Belleville) which will be transformed into an Arabian Souq (international market) and coffee house. Market stalls, music, silent auction and exotic foods! Organized by the **United Syrian Family Support Group (Belleville)** to showcase the multicultural diversity of the Quinte area as well as a fundraiser for our sponsored Syrian families. Free admission. For more information contact [souq.belleville@gmail.com](mailto:souq.belleville@gmail.com)

✠ **Remember in Prayer:** All who are ill, including Celine Maisonneuve, Kayla Bradford, Joan Farrell, Raymond Brennan, Lisa Courneya, Cathy Gadbois, Jeannie Laton, Bradley Robson, Logan Frederick, Maurice Waitson, Patricia Calnan, Kathy Mulder, Brian Woodall, Corey McMurter, Douglas Noonan, Jack Erwin and Veronica Plowman. Please pray for the repose of the souls of Joan MacMillan, Raymond Cassidy and Annette Myers.

## Parish Events:

**Children's Liturgy** is each Sunday at 9am Mass throughout the school session. A wonderful opportunity for children between the ages of 3 and 7 to participate in a deeper understanding of the Gospel message. The goal of this program is to engage and enlighten children in the teachings of the Church. The children are led in prayer, liturgy of the day and crafts/activities to emphasize the Gospel message. They also learn to participate in the Mass. We look forward to helping your children celebrate God's love at Mass. We are looking for volunteers to support our weekly program. If you would like to help, contact Anne Marie at or (613)966-7887.

**Parish Junior Choir** – If you're between 8-18 years of age and at a 9am Mass when the Junior Choir sings, come and join us. No previous practice required. If our come-as-you-may approach works well, we will continue. You are also welcome to join us at practice on Mondays at 6:30pm (except school holidays).

If you or a loved one are going to the hospital or into a retirement home, please inform the parish office so a visit can be arranged.

Our **Prayer Network** has more than 100 people praying every day for our parish, for those who are sick and for special intentions. If you would like the Prayer Network to pray for you or your loved one, call the parish office to get the prayers started.

Just a reminder to everybody that our church has two **Quiet Rooms**, (one in the southwest corner and one behind the candle stand). Feel free to use these rooms if you need some quiet time and quiet space before or after Mass - OR - if during Mass you need a private space for you and your child. Also, there are diaper changing stations in all the washrooms.

## Diocesan Events:

**St. Mike's Youth News:** Food, fuel and fun - for teens, led by teens! Check it out! Bring your friends! 6:30 - 8:30 pm in the CAVE. **Stations of the Cross:** Actors, stagehands, lighting, wardrobe helpers needed! Rehearsals begin to dramatize the Ultimate Drama - Christ's Passion; Sunday nights in the Church until April 9<sup>th</sup>, 6-9pm. March Break Toronto Day Mission Trip - Monday, March 13<sup>th</sup> - Good Shepherd Refuge Centre & St. Francis Table - limited spots, register now! Cost \$40. Leave 6:45am - return 11pm. New Life for Teens Team (March Break) Meeting: March 14<sup>th</sup> - 1:30-4pm in the Cave. SAVE THE DATE: New Life For Teens - April 27<sup>th</sup> - 29<sup>th</sup> (Thurs evening, Fri, Sat) in the Parish Centre - 1<sup>st</sup> New Life for Teens Team (March Break) meeting: March 14<sup>th</sup> -1:30-4:30pm in The Cave. Steubenville Toronto at UOIT in Oshawa - July 28-30<sup>th</sup>, 2017. For teens entering high school, in high school & grads. Register now online @ [www.steubenvillletoronto.com](http://www.steubenvillletoronto.com) Pay reg fee of \$50 to St. Mike's Youth office.

**MUSICAL AFTERNOON** - Thurs, March 16<sup>th</sup>, 1-3 pm - an afternoon of musical entertainment, featuring Chris Murphy, Jon McLurg and Brian Flynn (of Turpin's Trail), for those who are Irish and for those who "*wish they were,*" at **St. Joseph's Church, 392 Palace Road, Kingston**. Please join us in the church for an opportunity to enjoy local musicians. Light refreshments in the parish hall. Come & bring a friend or two! Free-will offering appreciated.

**The CWL of St. John the Apostle Catholic Church**, 88 Patrick Street, Kingston is hosting a **St. Patrick's Day luncheon** on **Friday, March 17** from 11:00-2:00 in the parish hall. Use the side door on Quebec Street for entry. Cost is \$5.00 per person and includes soup, sandwiches, dessert, coffee and tea. All welcome!

A **Healing Mass** will take place on **Friday, March 17, 2017** at 11am at **St. Francis de Sales Church**, 19 Elmsley St. N., Smiths Falls. There will be an opportunity to receive the Sacrament of the Sick.

Julianna Psarris, a member of St. Michael's Parish, has begun a project to serve Chalice children in need by publishing a short fiction novel, *The Faded Yellow Envelope*, and will donate 70% of all book sales to Chalice Sponsorship Programme. Chalice ensures more than 90% of funds go to their child's educational fees, nutrition, medical care, clothing & footwear. Julianna is seeking donations to publish her novel to help Chalice children around the world. Contact Julianna, 613-966-0372 or [juliannapsarris@yahoo.com](mailto:juliannapsarris@yahoo.com) for further info or visit [www.chalice.ca](http://www.chalice.ca)

A **study group** will meet at 6:30pm at **St. Michael's Parish Centre** to discuss the principles of social credit philosophy and the social doctrine of the Catholic Church. Meetings 1<sup>st</sup> and 3<sup>rd</sup> Thurs every month, **Feb until Jun**. Videos & discussion of principles, beginning with the Rosary. Contact Helen (613)966-1490 for more info.

**The St. John Fisher Dinner - Monday, March 20<sup>th</sup>, 2017** - Guest Speaker is Archbishop of Ottawa, Terrence Prendergast. Reception at 6pm, Dinner & Program at 7pm. Ambassador Hotel & Conference Centre 1550 Princess St, Kingston. This is an annual fundraising dinner for Catholic Christian Outreach (CCO). It takes place each year in Kingston, Ontario, drawing keynote speakers from around the world. This year, in honour of Canada's 150th birthday, the 10th anniversary of CCO Queen's, and the 10th St. John Fisher Dinner, we have invited Canada's own Archbishop of Ottawa, Terrence Prendergast, to address us on the topic "Canada: a History of Holiness". His talk will focus on the Catholic identity and witness of Georges Vanier, 19th Governor General of Canada. We look forward to seeing you at one of Canada's premier Catholic events. Tickets \$80 per person, \$700 for table of 10. For tickets visit [store.cco.ca](http://store.cco.ca)



**STEBENVILLE TORONTO 2017 - July 28-30** - Registrations have begun! The Archdiocesan Youth Office will be taking high school youth from across the archdiocese to the annual Steubenville Toronto Youth Conference. If youth are interested in attending please have them contact Nadia in the Youth Office for info and registration forms: [youth@romancatholic.kingston.on.ca](mailto:youth@romancatholic.kingston.on.ca) Archbishop O'Brien will be celebrating the Saturday mass which is exciting!

### **Holy Week Directed Retreat**

*PSC Team*

**Sun Apr 9, 6:30pm – Sun Apr 16, 1pm /Cost: \$495 > Arrival 3-4pm; supper 5pm;**

**Session 6:30pm**

**OR Thu Apr 13, 2pm – Sun Apr 16, 1pm /Cost: \$225**

**Call to register by Mon Mar 27. Providence Spirituality Centre 613-542-8826**

### **Day of Reflection: “Nurturing Relationship with Jesus: Praying the Psalms”**

**Mon Apr 24, 9-3pm**

*Helen Russell, csj*

The Psalms are the ancient prayer book of the Hebrew people. As such, Jesus would have been infinitely familiar with them. As a young lad, he would have learned them in the bosom of his family. They were on his lips at key moments in his life. As we briefly explore the various emotions and styles of the psalms, we can come to a deep appreciation of how the psalms might impact our own lives.

**Call to register by Mon Apr 10 / Cost: \$25. Providence Spirituality Centre 613-542-8826**

### **YOU ARE INVITED! St. Patrick’s, Napanee, Annual Pilgrimage to Our Lady of the Cape**

**Shrine**, Cap-de-la-Madeleine, Quebec (including St. Joseph’s Oratory, Montreal and Ursulines Museum at Trois-Rivieres), **Monday June 5 through Wednesday June 7, 2017**. Cost:

\$365/single; \$315pp/double; \$310pp/triple. Pick-up and drop-off at specific locations between Belleville and Brockville. Includes transportation, accommodation, most meals, admissions to sites, and abundant blessings! Contact Alphonse Poitras, 613-354-7643,

[alphonse.poitras@gmail.com](mailto:alphonse.poitras@gmail.com). Payment must be received by **April 3<sup>rd</sup>** to reserve your spot.

Reserve early as space is limited.



**Have you ever wanted to go to the Holy Land? November 8<sup>th</sup> to 17<sup>th</sup>, 2017** Father Charles Enyinnia will be leading a group of pilgrims to many of the sites in the Holy Land. Come to a **Presentation and Information Session** on **Thursday, February 23** at 7pm in St. Francis of Assisi Rectory hall, Frankford. \$3027.42 pp, double occupancy; full payment due by September 8, 2017. If you can't make it to the presentation, call the parish office for the itinerary and brochure (613-398-6745).

**November Pilgrimage to the Holy Land with Fr. Justin Pulikunnel** - Have you ever longed to visit the Holy Land during your lifetime, to follow in the footsteps of Our Blessed Lord, to pray, kneel and kiss the soil where his sacred feet trod? Would you like the Sacred Scriptures to be opened up in new and exciting ways? Do you want to experience His Mercy? Do you want your family to be converted? Do you expect a healing for you or someone you love? Do you desire to make atonement for your past sins? Or simply to give thanks to God for all the blessings He's given you? Well, all these and more are good reasons to make a pilgrimage to the Holy Land, and Fr. Justin is leading one this **November 15<sup>th</sup>-24<sup>th</sup>, 2017**. e-mail [justinpulikunnel@gmail.com](mailto:justinpulikunnel@gmail.com) for more details.



Do you want to deepen your Spirituality and build community with others committed to serving with compassion? The Providence Associates of the Sisters of Providence of St. Vincent de Paul meet monthly at Queen of the Most Holy Rosary parish in Belleville. They invite women and men to consider attending one of their meetings to learn more about who they are. For information, email [associates@providence.ca](mailto:associates@providence.ca) or call 613-544-4525 ext. 148.

**Providence Care needs volunteers from parishes in the Archdiocese of Kingston to assist with Roman Catholic ministries that help meet spiritual needs in the following ways:**

#### **Providence Manor Volunteer Opportunities**

- Assist residents going to and from Mass on Tuesday – Friday (10:30 a.m. to 12:00 noon), which includes pushing wheelchairs and walking alongside residents who require assistance/supervision.
- Extraordinary Minister for the Distribution of Holy Communion, especially to Residents who are unable to attend Mass, during the week.

Please contact Ruth Flores, Coordinator of Recreation and Volunteer Services at Providence Manor at **613-548-7222, ext. 3160** or [floresr@providencecare.ca](mailto:floresr@providencecare.ca)

#### **St. Mary’s of the Lake Hospital Volunteer Opportunities**

- Assist patients going to and from Sunday Mass (10:30 a.m. to 12:00 noon), which includes pushing wheelchairs and walking alongside patients who require assistance/supervision.
- Extraordinary Minister for the Distribution of Holy Communion to patients during the week. Please contact Tania Christie at 613-548-7222, Ext. 2292 or [smolvolunteer@providencecare.ca](mailto:smolvolunteer@providencecare.ca)

*Thank you for considering our invitation to join us as we care for vulnerable persons seeking spiritual nurture.*

**Separated and/or Divorced?** Looking for support through your healing process? You are welcome to attend the New Life Group a Support Group for those experiencing separation and divorce. Alternate Tuesday evenings - 390 Palace Road, Kingston. For further info e-mail [family@romancatholic.kingston.on.ca](mailto:family@romancatholic.kingston.on.ca) or phone the Family Ministry Office 613-548-4461.

### Community Events:

**On Monday March 6th, 2017, St. Michael Catholic School** is participating in a school **FUNdraiser** at Chapters. From 6pm-8pm a percentage from all sales will be designated to the St. Michael Catholic School Council. Come out and support our Catholic school in their endeavour to raise funds to support students.

**Family Concerts are back! On March 18**, bring the family to be part of The Great Rhythmobile Adventure, with young professional musicians from Jeunesses Musicales Canada. The morning interactive performance, at 11:00 AM, is geared to 2-5 year-olds. At 1:30 PM, bring your 6-12 year olds to a concert for them! Each performance involves the audience, as our two musicians take their hybrid ATV in a rally, but ... they run out of their precious fuel, rhythm! They need you to help create the rhythm to get them back in the race! Concerts are in the John M Parrott Gallery at the Belleville Public Library and tickets, at only \$5.00, are available at the Readers' Advisory Desk at the library, or online at [cfuwbelleville.com](http://cfuwbelleville.com). What a great way to finish March Break!

**The Choir of Men and Boys from Christ Church Cathedral (Ottawa)** under the direction of Matthew Larkin will give a concert at **St. Thomas' Anglican Church Sunday, March 19<sup>th</sup>** as part of the third edition of "Music at St. Thomas'." Formed in 1891, the Choir is one of the few remaining choirs of men and boys in North America, and the only such resident choir in a Canadian Anglican cathedral. In addition to regularly singing at Cathedral and Diocesan liturgies, the Choir offers concerts of sacred and secular works. The concert will start at 4:30 PM. A reception will follow. Admission: Pay-What-You-Can.

**The Belleville Choral Society** is hosting a choral workshop at St. Thomas' Anglican Church, Belleville on **Saturday, March 25**, from 1 to 3 pm led by Geneviève Proulx, voice instructor from Montreal and the CAMMAC Music Centre. Cost: \$20 individual, \$16 each for groups of five or more. To register, please visit [www.bellevillechoralsociety.org](http://www.bellevillechoralsociety.org) email [treas.bcs1959@gmail.com](mailto:treas.bcs1959@gmail.com) or call 613-779-0691.

**Join us at The Souq - Calling business people and artists who are first-generation Canadians, landed immigrants or international students** to join us at The Souq. On **Sat. April 22**, the Bridge St. Church gym and auditorium will be transformed into an Arabian Souq (international market) and coffee house. This event is being organized by the *United Syrian Family Support Group (Belleville)* to showcase the multicultural diversity of the Quinte area business community as well as a fundraiser for our sponsored Syrian families.

#### **How can you participate?**

- Rent a table at The Souq for the day (\$40) to showcase and sell your goods or services.
- Donate an item or a gift certificate for a Silent Auction. Charitable receipts will be given for the actual sale price (last bid) of the item.
- Volunteer your skills as a cook for our coffee house which will specialize in international coffees, teas, treats and light luncheon fare.
- Donations of ethnic foods for the coffeehouse will also be welcomed.
- Please share this announcement with people you feel may be interested

For more information contact [souq.belleville@gmail.com](mailto:souq.belleville@gmail.com)

*Veronica Leonard, SOUQ planning member of United Syrian Family Support (Belleville)*

The Ontario Catholic School Trustees' Association has launched a new online campaign to promote Catholic Education in Ontario. Called *Together in Faith*, the goal of the campaign is to build a vibrant online community of supporters of Catholic education, and share the stories of the exceptional students, teachers, and other members of our Catholic community who are demonstrating excellence throughout our Catholic schools. The Algonquin and Lakeshore Catholic District School Board is pleased to support this online campaign and celebrate the excellence of Catholic education in our communities. More info on the campaign can be found at [www.togetherinfaith.ca](http://www.togetherinfaith.ca).

**Canada International Student Placement Inc.** is seeking families with teens to host Catholic teens from France for 4-8 weeks during the summer of 2017. These young people, aged 12-17, want to be immersed in Canadian families to experience another culture and to become more fluent in English. Families will be matched with an adolescent of the same gender and approximate age. Each Canadian family will receive \$850 per month as compensation. To learn more about hosting a French teenager or having your child participate in a European exchange please contact [paul@cispi.ca](mailto:paul@cispi.ca) or [pat@cispi.ca](mailto:pat@cispi.ca).

**EWTN NEEDS MEDIA MISSIONARIES!** Has EWTN Global Catholic Network impacted your life? Would you like to tell others about Christ and His Church with EWTN? If so, become an EWTN Media Missionary right where you are and make your parish, community, family, and friends aware of EWTN as the best source for Catholic television, radio, online and print resources. To learn more, [ewtnmissionaries.com](http://ewtnmissionaries.com) or call [205-795-5771](tel:205-795-5771).



## Parish Contacts

Parish Secretary	Kathleen Henry	968-9950
Parish Council	Harold Brennan	962-1983
Junior Liturgy	Anne Marie Barrett	<a href="mailto:barretts@cogeco.ca">barretts@cogeco.ca</a>
CWL	Mary McNulty	962-2993
Grand Knight 16308	Roy Goodridge	<a href="mailto:goodridger@bell.net">goodridger@bell.net</a>
Deputy Grand Knight 16308	Paul Lattanzio	<a href="mailto:st.kocjosephskoc@gmail.com">st.kocjosephskoc@gmail.com</a>
Chief Squire	Thomas Morrissey	969-9506
Franciscans	Bill Garland	966-4015
Senior Choir	Debbie Shaw	962-7430
Youth Choir	Anne Moloney	966-4999
Ascension Singers	Elizabeth Wallace	968-9950



### Invitation to Minister at Mass

**Altar Servers** - Weekends: Youth after their First Communion can volunteer. Contact: Deacon Bob.  
Weekdays - Adult volunteers. Contact Father Charles.

Funerals - Adult volunteers. Contact Father Charles.

**Eucharistic Ministers** - Lay Ministers assist in distributing the Eucharist to the congregation during Masses on weekends and weekdays. Monthly schedules are provided.

**Offertory Gifts** - Volunteers carry the gifts to the altar. Monthly schedules are followed.

**Lectors** - Parishioners proclaim the readings. Monthly schedules are provided.

**Junior Liturgy** - Younger children are welcome to join the weekly celebration with a Gospel message for them. Also, adult volunteers are needed to lead children's liturgy.

**Music** - Parishioners of all ages are welcome to participate in sharing their musical talents. There are various choirs open to different age groups. Practices are held weekly.

**Ushers** - Responsible for finding seats for parishioners and taking up the collection at weekend Masses.



### Invitation to Serve

**Card Parties** - Once a month on the third Sunday of the month for fun and social purposes  
Organizer: Paul Sosiak.

**Catholic Women's League** - monthly meetings on the third Thursday, contact the Parish office.

**Knights of Columbus** - Second and Fourth Tuesdays of the month. Contact Roy Goodridge.

**Hospitality Sunday** - After Masses on the last Sunday of the month.

**Junior Liturgy** - Sundays, 9am Mass during the school season, September to June. Co-ordinator: Anne Marie Barrett.

**Rosary** - Before Saturday, 5pm Mass in May and October.

**Parish Visitation Program** - Visits to parishioners. Contact Karen Holtz.

**Prayer Network** - Every day 90 people pray for you and special intentions. Contact Maureen Hamilton.

**St. Vincent de Paul** - (613)962-8675.

**Ascension Singers** - Saturday Mass, once a month. Contact: Elizabeth Wallace.

**Senior Choir** - Sunday Mass at 10:30am. Practice every Wednesday at 6:30 pm. Director: Debbie Shaw.

**Youth Choir** - Sunday, 9am Mass once a month. Practice every Monday at 6:30pm during the school year. Director: Anne Moloney.

**Youth Group** - Meets once a month. Check the bulletin.

