

FIFTH SUNDAY IN ORDINARY TIME

February 5, 2017

When Jesus says "You are the salt of the earth" and "the light of the world", he invites Christians to be actively present wherever we live and work. The image of salt pushes us to be outgoing and present in society in all its aspects, and the image of light reminds us that we have to be closely united with God, the source of all light and life so that our presence among others may have a divine quality. In that way, we can bring God's light to others only if it shines in our own hearts.

Blessing of Throats - The blessing of throats is associated with the Feast of St. Blaise (February 3). It is a special blessing in which the faithful invoke St. Blaise's intercession, asking him to protect them from ailments of the throat and every other illness. This blessing will be offered at the 8am Mass on Friday, Feb. 3, the 9am Mass on Saturday, Feb. 4, as well as the weekend Masses of Feb. 4 & 5.

World Day of Prayer for the Sick, Feb 11th - The Sacrament of the Sick, (anointing) will be incorporated into the morning Mass on Saturday, February 11th.

2016 Donation Tax Receipts are available for pick up at the main church doors this weekend. Any receipts not picked up will be mailed next week.

In the Parish Centre:

St. Vincent de Paul: Tuesday, Feb 7th, 8:30 am

Bible Study: Thursday, Feb 9th, 2 - 3:30pm

Euchre Party: Sunday, Feb 19th, 2pm

Pancake Supper: Tuesday, Feb 28th, 5:30pm

The Big Shoebang: Sunday, March 5th, 1:30 - 4pm

Bible Study: *History of the Catholic Church* - Our next Bible Study meeting will be Thursday, February 9th from 2 to 3:30 pm in the parish centre. Bible Study will continue each Thursday. For questions or more information contact Gus at gusmorrissett@sympatico.ca or (613)969-9506.

Our Annual Parish Pancake Supper is Tuesday, Feb 28th, 5:30pm in the parish centre. The Knights of Columbus will be donating their time & talents and our Youth Group will be serving. This is a fundraiser for our parish youth group for their year end trip. A last feast before Lent starts. Everyone welcome.

LENT starts on March 1st, Ash Wednesday. **EASTER** is April 16th, 2017. Please remember to put your old palm branches in the box at the main church entrance. We burn them so we have ashes for Ash Wednesday.

CWL News: Our 2017 membership drive continues. February donations: Church Pantry, School Pantry, Birthright, Coady Institute, Development & Peace, Quinte Rite to Life, Catholic Canadian Mission, Euthanasia Coalition, Bishop Pappin Fund and Hope Fund. Reminder there will be no meetings in Feb and March. The next general meeting will be April 20th.

Nicholson Catholic College is hosting its annual Grade 8 Parent/Guardian Information Night on Wednesday Feb 15th from 6:30-7:30pm in our Learning Commons. Details about course selections, pathway choices, the Extended French Certificate and the International Baccalaureate (IB) Programme will be available. Light refreshments served. We are looking forward to seeing you there!! For questions contact Christa Ray, Guidance Office (613-967-0404 ext 235).

Julianna Psarris, a member of St. Michael's Parish, has begun a project to serve Chalice children in need by publishing a short fiction novel, *The Faded Yellow Envelope*, and will donate 70% of all book sales to Chalice Sponsorship Programme. Chalice ensures more than 90% of funds go to their child's educational fees, nutrition, medical care, clothing & footwear. Julianna is seeking donations to publish her novel to help Chalice children around the world. Contact Julianna, 613-966-0372 or juliannapsarris@yahoo.com for further info or visit www.chalice.ca



2017 will be the 50th ShareLent campaign of the Catholic Church in Canada for **Development and Peace!** For over 50 years we have been working to end global poverty. We have four patches representing the *Solidarity Quilt* on display here at St. Joseph's Church at the main church doors this weekend.

Holy Rosary Secular Franciscans will meet following 7pm Mass on Monday Feb. 6th at Holy Rosary Church.

Don't Miss The Big Shoebang - Proceeds to **United Syrian Family Support (Belleville) Sponsorship Group** at St. Joseph's Parish Centre, Sun, Mar 5, 1:30 - 4pm. New & almost new ladies shoes & boots, sizes 5 to 10+ organized by size for easy access. Admission \$5 & everything priced at \$5. Drop off at donations: St. Joseph's Church; Bridge Street United Church; Zig Zag Hair Design; Kelly's Drugstor; all in Belleville. Info - Judy at whywait@sympatico.ca

Read, Marysville & Deseronto Knights of Columbus Annual Lenten Fish Fry Fri, Mar 3rd, 4:30 to 6:30pm, 7288 Old Hwy #2, Marysville in support of Steubenville Toronto 2017 Youth Event & Marlow Ploughman SickKids.

St. Michael School is looking for Lunchtime Supervisors Monday - Thursday from 11:15-12:15. If you are interested please submit a letter/resume to the main office at the school.

✠ **Remember in Prayer:** All who are ill, including Celine Maisonneuve, Kayla Bradford, Kristian Stephens, Tom McDade, Joan Farrell, Judita Stakenvicius, Lisa Courneya, Cathy Gadbois, Jeannie Laton, Raymond Brennan, Paul Bonneau, Bradley Robson, Jack Erwin, Maurice Waitson, Patricia Calnan, Kathy Mulder, Bernard Coughlin, Logan Frederick, Brian Woodall and Corey McMurter. Please pray for the repose of the soul of Kevin Hunt, Anne Young, Mark Coughlin and Susanna Robinson.

Parish Events:

World Day of Prayer Service will be held at Holy Trinity Evangelical Lutheran Church, 516 Victoria Ave, on **Friday, March 3rd at 2pm**. The service was written by the women of the Philippines and is entitled "Am I Being Fair to You?" World Day of Prayer is a worldwide movement of Christian women of many traditions who come together on the first Friday of March each year to observe a common day of prayer. Through World Day of Prayer, we affirm faith in Jesus Christ and engage with the whole world, are enriched by the faith experience of Christians of other countries and cultures, share the burdens of other people by praying with them and for them, and use our own talents in the service of God's world. Prayer and action are inseparable and both have immeasurable influence in the world.

Children's Liturgy is each Sunday at 9am Mass throughout the school session. A wonderful opportunity for children between the ages of 3 and 7 to participate in a deeper understanding of the Gospel message. The goal of this program is to engage and enlighten children in the teachings of the Church. The children are led in prayer, liturgy of the day and crafts/activities to emphasize the Gospel message. They also learn to participate in the Mass. We look forward to helping your children celebrate God's love at Mass. We are looking for volunteers to support our weekly program. If you would like to help, contact Anne Marie at or (613)966-7887.

Your 2017 church donation envelopes are available at the main church doors. If you do not already use envelopes & would like to start, please call the office & request a box; or sign up for preauthorized donations. See info at the main doors.

Parish Junior Choir – If you're between 8-18 years of age and at a 9am Mass when the Junior Choir sings, come and join us. No previous practice required. If our come-as-you-may approach works well, we will continue. You are also welcome to join us at practice on Mondays at 6:30pm (except school holidays).

If you or a loved one are going to the hospital or into a retirement home, please inform the parish office so a visit can be arranged.

Our **Prayer Network** has more than 100 people praying every day for our parish, for those who are sick and for special intentions. If you would like the Prayer Network to pray for you or your loved one, call the parish office to get the prayers started.

Just a reminder to everybody that our church has two Quiet Rooms, (one in the southwest corner and one behind the candle stand). Feel free to use these rooms if you need some quiet time and quiet space before or after Mass - OR - if during Mass you need a private space for you and your child. Also, there are diaper changing stations in all the washrooms.

Diocesan Events:

The Churches of St. Alphonsus, Wooler, Holy Angels, Brighton, and St. Jerome, Warkworth, would like to invite you to our **Parish Mission from Wed., Feb. 8th to Fri., Feb. 10**. The Mission will start with a Healing Mass at 12pm followed by a talk given by Fr. Dominic Borg, a Discalced Carmelite Friar from the Diocese of Toronto. Fr. Dominic's knowledge and love of Scripture flows from his heart and is contagious. There will be opportunity to receive the anointing of the sick. The mission will be given at the three churches on the following days: Wed., Feb. 8th at St. Jerome, Warkworth; Thurs. Feb. 9th at St. Alphonsus, Wooler and Fri., Feb. 10th at Holy Angels, Brighton all beginning at 12 noon. Offerings are accepted and appreciated.

Marriage Preparation Retreat is scheduled for **March 3 and 4, 2017** in Belleville. Call the parish office or St. Francis of Assisi Parish, (613)398-6745 or go online at assisi@sympatico.ca for info & registration. Registration deadline is Feb 19th.

Lift Jesus Higher Rally - Be inspired, encouraged and healed. Come celebrate your faith at the largest Catholic rally in Canada. **Saturday, March 4, 2017** (9 am – 5:30 pm) at the Toronto Convention Centre. **Tickets:** Adult rally \$25 or Youth rally \$15 (ages 13-18). Travel in comfort on our **Deluxe Bus:** \$40 per person (pickups in Kingston and Napanee). **Contacts:** Miriam Wright: 905-979-1189, unboundfreedom@gmail.com OR Ann Lyng: 613-546-5521 ext 5, alyng@cogeco.ca

St. Mike's Youth News: Food, fuel and fun - for teens, led by teens! Check it out! Bring your friends! 6:30 - 8:30 pm in the CAVE. Sun, Feb 5th - High School Teens Only Night. For teens, led by teens. Bring your friends & join us for food, fuel & fun in The CAVE! 6:30-8:30pm. **Stations of the Cross:** Actors, stagehands, lighting, wardrobe helpers needed! Rehearsals begin to dramatize the Ultimate Drama - Christ's Passion; Sunday nights in the Church until April 9th, 6-9pm. March Break Toronto Day Mission Trip - Monday, March 13th - Good Shepherd Refuge Centre & St. Francis Table - limited spots, register now! Cost \$40. Leave 6:45am - return 11pm.

FAITH DEVELOPMENT- Beginning **January 26th, 2017**, the parish of St. John the Evangelist in Gananoque (with the help of the Knights of Columbus) will be doing a six week faith development study group every Thursday beginning at 6:45pm at St. Joseph Catholic Elementary School, 235 Georgiana Street, Gananoque. Faith, being a gift from God, is not something we are to stop developing once confirmed or out of school, but a lifelong process. Please

join us as we view short videos in which Bishop Robert Barron presents Biblical examples of conversion stories. Discussion to follow in small informal groups in which we will learn from each other. Refreshments available. It will be a great way to get to know each other while learning our faith together. For info please call St. John's parish office, 613.382.2017 or email stjohnstphil@gmail.com. Hope to see you there!

A study group will meet at 6:30pm at **St. Michael's Parish Centre** to discuss the principles of social credit philosophy and the social doctrine of the Catholic Church. Meetings 1st and 3rd Thurs every month, **Feb until Jun**. Videos & discussion of principles, beginning with the Rosary. Contact Helen (613)966-1490 for more info.

The St. John Fisher Dinner - Monday, March 20th, 2017 - Guest Speaker is Archbishop of Ottawa, Terrence Prendergast. Reception at 6pm, Dinner & Program at 7pm. Ambassador Hotel & Conference Centre 1550 Princess St, Kingston. This is an annual fundraising dinner for Catholic Christian Outreach (CCO). It takes place each year in Kingston, Ontario, drawing keynote speakers from around the world. This year, in honour of Canada's 150th birthday, the 10th anniversary of CCO Queen's, and the 10th St. John Fisher Dinner, we have invited Canada's own Archbishop of Ottawa, Terrence Prendergast, to address us on the topic "Canada: a History of Holiness". His talk will focus on the Catholic identity and witness of Georges Vanier, 19th Governor General of Canada. We look forward to seeing you at one of Canada's premier Catholic events. Tickets \$80 per person, \$700 for table of 10. For tickets visit store.cco.ca

Have you ever wanted to go to the Holy Land? November 8th to 17th, 2017 Father Charles Enyinnia will be leading a group of pilgrims to many of the sites in the Holy Land. Come to a **Presentation and Information Session** on **Thursday, February 23** at 7pm in St. Francis of Assisi Rectory hall, Frankford. \$3027.42 pp, double occupancy; full payment due by September 8, 2017. If you can't make it to the presentation, call the parish office for the itinerary and brochure (613-398-6745).

November Pilgrimage to the Holy Land with Fr. Justin Pulikunnel - Have you ever longed to visit the Holy Land during your lifetime, to follow in the footsteps of Our Blessed Lord, to pray, kneel and kiss the soil where his sacred feet trod? Would you like the Sacred Scriptures to be opened up in new and exciting ways? Do you want to experience His Mercy? Do you want your family to be converted? Do you expect a healing for you or someone you love? Do you desire to make atonement for your past sins? Or simply to give thanks to God for all the blessings He's given you? Well, all these and more are good reasons to make a pilgrimage to the Holy Land, and Fr. Justin is leading one this **November 15th-24th, 2017**. e-mail justinpulikunnel@gmail.com for more details.



Do you want to deepen your Spirituality and build community with others committed to serving with compassion? The Providence Associates of the Sisters of Providence of St. Vincent de Paul meet monthly at Queen of the Most Holy Rosary parish in Belleville. They invite women and men to consider attending one of their meetings to learn more about who they are. For information, email associates@providence.ca or call 613-544-4525 ext. 148.

Providence Care needs volunteers from parishes in the Archdiocese of Kingston to assist with Roman Catholic ministries that help meet spiritual needs in the following ways:

Providence Manor Volunteer Opportunities

- Assist residents going to and from Mass on Tuesday – Friday (10:30 a.m. to 12:00 noon), which includes pushing wheelchairs and walking alongside residents who require assistance/supervision.
- Extraordinary Minister for the Distribution of Holy Communion, especially to Residents who are unable to attend Mass, during the week.

Please contact Ruth Flores, Coordinator of Recreation and Volunteer Services at Providence Manor at **613-548-7222, ext. 3160** or floresr@providencecare.ca

St. Mary's of the Lake Hospital Volunteer Opportunities

- Assist patients going to and from Sunday Mass (10:30 a.m. to 12:00 noon), which includes pushing wheelchairs and walking alongside patients who require assistance/supervision.
- Extraordinary Minister for the Distribution of Holy Communion to patients during the week. Please contact Tania Christie at 613-548-7222, Ext. 2292 or smolvolunteer@providencecare.ca

Thank you for considering our invitation to join us as we care for vulnerable persons seeking spiritual nurture.

Separated and/or Divorced? Looking for support through your healing process? You are welcome to attend the New Life Group a Support Group for those experiencing separation and divorce. Alternate Tuesday evenings - 390 Palace Road, Kingston. For further info e-mail family@romancatholic.kingston.on.ca or phone the Family Ministry Office 613-548-4461.

Community Events:

Sat. Feb 18 9:30-12:30 WDP Ecumenical Festival Day for Philippines - Holy Trinity Evangelical Lutheran Church.

Inn from the Cold – Winter Food Ministry Program – Hot Meals for 42 nights - from Wed, Jan 18 to Tues, Feb 28 - Bridge St. United Church, 60 Bridge St. E. (side door), Belleville. Free hot meals and a warm place to be during the coldest time of the year. Doors open at 4pm, coffee/soup served at 4:30pm, nutritious, hot meals served from 5 to 6:30pm. No registration required. If unable to attend from 5 to 6:30pm, a frozen meal can be picked up daily from 2 to 4pm. Registration required at first visit for “pick up” component of this program. More info call 613-962-9178.

The Ontario Catholic School Trustees’ Association has launched a new online campaign to promote Catholic Education in Ontario. Called *Together in Faith*, the goal of the campaign is to build a vibrant online community of supporters of Catholic education, and share the stories of the exceptional students, teachers, and other members of our Catholic community who are demonstrating excellence throughout our Catholic schools. The Algonquin and Lakeshore Catholic District School Board is pleased to support this online campaign and celebrate the excellence of Catholic education in our communities. More info on the campaign can be found at www.togetherinfaith.ca.

Canada International Student Placement Inc. is seeking families with teens to host Catholic teens from France for 4-8 weeks during the summer of 2017. These young people, aged 12-17, want to be immersed in Canadian families to experience another culture and to become more fluent in English. Families will be matched with an adolescent of the same gender and approximate age. Each Canadian family will receive \$850 per month as compensation. To learn more about hosting a French teenager or having your child participate in a European exchange please contact paul@cispi.ca or pat@cispi.ca.

EWTN NEEDS MEDIA MISSIONARIES! Has EWTN Global Catholic Network impacted your life? Would you like to tell others about Christ and His Church with EWTN? If so, become an EWTN Media Missionary right where you are and make your parish, community, family, and friends aware of EWTN as the best source for Catholic television, radio, online and print resources. To learn more, ewtnmissionaries.com or call [205-795-5771](tel:205-795-5771).



Parish Contacts

Parish Secretary	Kathleen Henry	968-9950
Parish Council	Harold Brennan	962-1983
Junior Liturgy	Anne Marie Barrett	barretts@cogeco.ca
CWL	Mary McNulty	962-2993
Grand Knight 16308	Roy Goodridge	goodridger@bell.net
Deputy Grand Knight 16308	Paul Lattanzio	st.kocjosephskoc@gmail.com
Chief Squire	Thomas Morrissey	969-9506
Franciscans	Bill Garland	966-4015
Senior Choir	Debbie Shaw	962-7430
Youth Choir	Anne Moloney	966-4999
Ascension Singers	Elizabeth Wallace	968-9950



Invitation to Minister at Mass

Altar Servers - Weekends: Youth after their First Communion can volunteer. Contact: Deacon Bob.
Weekdays - Adult volunteers. Contact Father Charles.

Funerals - Adult volunteers. Contact Father Charles.

Eucharistic Ministers - Lay Ministers assist in distributing the Eucharist to the congregation during Masses on weekends and weekdays. Monthly schedules are provided.

Offertory Gifts - Volunteers carry the gifts to the altar. Monthly schedules are followed.

Lectors - Parishioners proclaim the readings. Monthly schedules are provided.

Junior Liturgy - Younger children are welcome to join the weekly celebration with a Gospel message for them. Also, adult volunteers are needed to lead children's liturgy.

Music - Parishioners of all ages are welcome to participate in sharing their musical talents. There are various choirs open to different age groups. Practices are held weekly.

Ushers - Responsible for finding seats for parishioners and taking up the collection at weekend Masses.



Invitation to Serve

Card Parties - Once a month on the third Sunday of the month for fun and social purposes
Organizer: Paul Sosiak.

Catholic Women's League - monthly meetings on the third Thursday, contact the Parish office.

Knights of Columbus - Second and Fourth Tuesdays of the month. Contact Roy Goodridge.

Hospitality Sunday - After Masses on the last Sunday of the month.

Junior Liturgy - Sundays, 9am Mass during the school season, September to June. Co-ordinator: Anne Marie Barrett.

Rosary - Before Saturday, 5pm Mass in May and October.

Parish Visitation Program - Visits to parishioners. Contact Karen Holtz.

Prayer Network - Every day 90 people pray for you and special intentions. Contact Maureen Hamilton.

St. Vincent de Paul - (613)962-8675.

Ascension Singers - Saturday Mass, once a month.
Contact: Elizabeth Wallace.

Senior Choir - Sunday Mass at 10:30am. Practice every Wednesday at 6:30 pm. Director: Debbie Shaw.

Youth Choir - Sunday, 9am Mass once a month. Practice every Monday at 6:30pm during the school year. Director: Anne Moloney.

Youth Group - Meets once a month. Check the bulletin.

